

REPORT 2018 – 2019

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**THE**  
**BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY**



# THE FEDERATION OF OBSTETRIC & GYNAECOLOGICAL SOCIETIES OF INDIA

Trade World C-5,6,7,9,12,13, 1<sup>st</sup> Floor, D Wing, Kamala City, Senapati Bapat Marg, Lower Parel (W),  
Mumbai - 400013

## PRESIDENT'S ROTATING TROPHY

Period from April 1, 2018 to March 31, 2019

### General Information

Name of the Society - BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY

Postal Address - No.16/F, API BHAVANA, Millers Tank Bed Area, Vasanthnagar, Bengaluru - 560052

Total Membership - **1151** members

## ANNUAL REPORT 2018-2019 INDEX

### Organizational and Administrative Activities Section

- General Body meetings
- Managing Committee meetings
- Society Constitution
- Audited Accounts
- Election process
- Attendance of Representatives at Managing Committee meetings of FOGSI
- FOGSI Correspondence
- Subscription payments and New member details

Total Events: **11 meetings**. (excluding AICOG meetings)

### Academic and Scientific Activities Section

- Annual Conference of the society
- Other Conferences and Academic Activities
- Post Graduate Education and CME activities
- International Faculty & National Faculty
- Publications and articles related to women's health
- Participation in FOGSI Programmes – FOGSI Workshops

Total Events: **29** including AICOG 2019, number of workshops – AICOG **12**, others – **5**

### Public Service Activities related to Women's health section

- Health Camps & Public Awareness activities- **Shramadaan** (ANC, Cancer Prevention, Anemia screening), **Navachetana**, (Adolescent sexual reproductive health education) Media talks.

Total Events: **34**

### All Round Activities Section

- Non Academic Programmes- Cultural programmes.- **Golden Jubilee celebration**
- Awards - national & International
- Young Talent promotion
- Research activities – Audits, Surveys & metacentric study
- Quiz- Undergraduate and Post graduate
- Activities with other societies
- Publications: articles in indexed journals, chapters, souvenirs, newspaper articles.
- Cultural Activities

Total Events: cultural events including AICOG - 5, QUIZ – 3, Young talent promotion – 8, Activity with FOGSI and other society - 8

## **BANGALORE SOCIETY OF OBSTETRICS AND GYNAECOLOGY, TEAM 2018 – 2019**

**The New Committee for BSOG was sworn on @ Hotel Lalit Ashok**



- **Dr.Shobha N Gudi – President**
- **Dr.Jyothi G S – Hon.Secretary**
- **Dr.Shirley George – Hon.Treasurer**

# THE NEW TEAM 2018 – 19

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### Office Bearers

Dr. Shobha N Gudi

*President*

Dr. Nagarathnamma R –

*President Elect*

Dr. Srinivas K–

*Vice President*

Dr.Jyothi G S –

*Hon.Secretary*

Dr. Shubha Rama Rao –

*Jt.Secretary*

Dr. Shirley George –

*Hon.Treasurer*

Dr. Chandrika Muralidhar –

*Imm. Past President.*

### EC Members

Dr. Aruna Muralidhar

Dr. Mahesh Koregol

Dr. Manjula Patil

Dr. Rekha Rajendrakumar

Dr. Sriprada Vinekar

Dr. Soumya Mahesh Koregol

Dr.Tara D

Dr. Vijaykumar S Koravi

Dr. Vijay Kumar C R

### Invited Faculty

Dr.Kamini A Rao

Dr.Hema Divakar

Dr.Sheela V Mane

### Advisory Committee

Dr.Gomathy Narayanan

Dr.Jaya Narendra

Dr.Padmini Isaac

Dr. Pushpa Srinivas

Dr.Vidya V Bhat

**Theme: Nurture the future – Empower the adolescent girl**



ANNUAL GENERAL BODY MEETING

AGM Held on 02<sup>nd</sup> Oct 2018 at hotel Le Meridien, Bangalore

**EGM held on 16<sup>th</sup> December 201 @ KMC Auditorium**

EXECUTIVE MANAGING COMMITTEE MEETINGS

TOTAL NUMBER OF MEETING HELD - 6

DATES ON WHICH THE MEETINGS HELD

04<sup>th</sup> May 2018

04<sup>th</sup> June 2018

18<sup>th</sup> July 2018

14<sup>th</sup> Sep 2018

16<sup>th</sup> Dec 2018

12<sup>th</sup> Feb 2019

Emergency Meeting

22<sup>nd</sup> May 2018

4<sup>th</sup> June 2018

Medico legal committee meeting

21<sup>st</sup> November 2018

JOINT EC MEETING

Jt. EC meeting held on 11th March 2019 at Century Club,  
Cubbon Park road, Bengaluru..

## ACADEMIC AND SCIENTIFIC SECTION

Sl.No	Date	Program	Place
1	08/04/2018	Caring for the tender teens & Investiture Ceremony	Hotel Le-Meridien, Bangalore
2	15/04/2018	CPD – IOTA	API Bhavana, Bangalore
3	24/04/2018	CPD – Laparoscopic Surgery in Gynaecology	BMC – Skills Lab
4	03/05/2018	PPIUCD accreditation Program	Saptagiri Hospital, Bangalore
5	8/4/2018	Gurukul – I Trimester Ultrasound	Bangalore Fetal Medicine centre, Indiranagar
6	19/05/2018	CME on – Adolescent issue & obstetric emergencies	Mandya Medical Collge, Mandya
7	22/05/2018	CME on Endometriosis – The Enigmatic Disease	Hotel Lalit Ashok
8	07/06/2018	PPIUCD Accreditation Programme	Baptist Hospital, Bangalore
9	09 <sup>th</sup> & 10 <sup>th</sup> /06/2018	Live Robotic Surgery Workshop & Gynaecological Oncology	9 <sup>th</sup> June – Narayana Hrudayalaya Hospital, 10 <sup>th</sup> June – Chancery Pavilion, Bangalore
10	20 <sup>th</sup> June – 24 <sup>th</sup> June 2018	BSOG PG CME	API Bhavana, Bangalore
11	29 <sup>th</sup> ,30 <sup>th</sup> June 2018 & 1 <sup>st</sup> July 2018	International Conference on Critical Care in Obstetrics preceded by workshop	29 <sup>th</sup> June – Workshop – Manipal Hospital, Old Airport Road, 30 <sup>th</sup> June & 1 <sup>st</sup> July – Conference – Hotel Le Meridien, Bangalore
12	15 <sup>th</sup> July 2018	BSOG – FOGSI DKT CME- Gyanvarsha on Contraception & MTP	Hotel Lalit Ashok, Bangalore
13	21 <sup>st</sup> & 22 <sup>nd</sup> July 2018	Endovision 2018- Conference on Infertility and Endoscopy with dry workshop	Hotel Le Meridian, Bangalore
14	5 <sup>th</sup> & 6 <sup>th</sup> August	Resolve Infertility – Live workshop	Bangalore Baptist Hospital
15	14 <sup>th</sup> Aug 2018	Scientific Session on Beginning of new life and YUVA Oration Dr. Ratna Bai Morey memorial day- BSOG Golden Jubilee year Celebration	Hotel Le Meridian, Bangalore
16	25 <sup>th</sup> Aug 2018	BSOG-FOGSI Quiz	API Bhavana
17	01 <sup>st</sup> Sep 2018	PICSEP Workshop on Research Methodology FOGSI – BSOG – JOGI	Bangalore Medical College
18	10 <sup>th</sup> Sep 2018	Scientific Seession on Inositols	Hotel Lalit Ashok

19	24 <sup>th</sup> Sep 2018	ISP Program on Pre Eclampsia	Chancery Pavilion, Bangalore
20	02 <sup>nd</sup> October 2018	FOGSI Scientific session – on Pterm Labour & Annual General Body Meeting	Hotel Le Meridien, Bangalore
21	27 <sup>th</sup> & 28 <sup>th</sup> October 2018	BSOG Annual Conference - Gyanavarsha 2018	Gayathri Vihar, Palace Ground, Bangalore
22	16 <sup>th</sup> Dec 2018	Extra Ordinary General Body meeting & Session of Fitness for Fraternity	KMC Auditorium, Opp: API Bhavana, Bangalore
22	08 <sup>th</sup> Jan 2019 – 12 <sup>th</sup> Jan 2019	AICOG 2019	Gayathri Vihar, Palace Ground, Bangalore
23	17 <sup>th</sup> Feb 2019	FOGSI Quiz	@ KIMS Auditorium
24	19 Feb 2019	FOGSI – Family Welfare	Hotel Ritz Carlton,
25	24 <sup>th</sup> February	Live Office Hysteroscopy workshop	Sagar Chandramma Hospital
26	26 <sup>th</sup> February	CPD – Advanced Laparoscopy Training	Radhakrishna Multispeciality Hospital
27	28 <sup>th</sup> February	PPIUCD Accreditation programme	KIMS Hospital
28	28 <sup>th</sup> March 2019	Undergraduate quiz	Jain Hospital Auditorium
29	30 <sup>th</sup> March 2019	CME on Adolescent PCOS in association with PCOS Society	Hotel Taj Vivanta

## PUBLIC SERVICE ACTIVITIES RELATED TO WOMEN HEALTH - Shramadaan

Sl.No	Date	Activity Name	Venue
1	20 <sup>th</sup> May 2018	Divine Mother & Babies Program run by Sathya Sai Foundation	Chickaballapur
2	3 <sup>rd</sup> June 2018	From Vanivilas Coordinated Camp	PHC, Bidadi
3	12 <sup>th</sup> June 2018	Shramadaan Camp	Kaggalipura
4	18 <sup>th</sup> June 2018	Divine Mother & Baby Program	Muddenahalli
5	16 <sup>th</sup> July 2018	Divine Mother & Baby Program	Muddenahalli
6	26 <sup>th</sup> July 2018	Shramadaan Camp	Chickaballapur
7	19 <sup>th</sup> Aug 2018	Divine Mother & Baby Program	Chickaballapur
8	16 <sup>th</sup> Sep 2018	Divine Mother & Babies Program with Sathya Sai Foundation	Chickaballapur Dist
9	30 <sup>th</sup> Sep 2018	Maha Shramadaan	Mysore
10	21 <sup>st</sup> Oct 2018	Divine Mother & Baby Program	Chickaballapur
11	18 <sup>th</sup> Nov 2018	Divine Mother & Baby Program	Chickaballapur
12	16 <sup>th</sup> Dec 2018	Divine Mother & Baby Program	Muddenahalli and around PHCs

13	20 <sup>th</sup> Jan 2019	Divine Mother & Baby Program with Sathya Sai Foundation	Muddenahalli and around PHCs
14	21 <sup>st</sup> Jan 2019	Shramadaan with association with sathya sai foundation	Muddenahalli and around PHCs
15	3 <sup>rd</sup> Feb 2019	Health Check up in association with Sroptomist	Kakalachinte, Chickaballapur Dist.
16	9 <sup>th</sup> Feb 2019	Camp at KSRP	Koramangala, Bengaluru
17	Feb 17 <sup>th</sup> 2019	Divine Mother & Child Program	Bengaluru
18	March 17 <sup>th</sup> 2019	Shramadaan with association with sathya sai foundation	Muddenahalli and around PHCs

## Walkathon

Sl.No	Date	Activity Name	Venue
1	01/04/2018	Walkathon -PCOS Awareness	St.Joseph Ground
2	15 <sup>th</sup> December 2018	AICOG Curtain Raiser - Walkathon	Freedom Park
3	08 <sup>th</sup> March 2019	Womens Day Walkathon – Cancer Free India	BSOG,FOGSI & IMS Initiative

## Navachethana

Sl.No	Date	Activity Name	Venue
1	10 <sup>th</sup> July 2018	Navachethana	Jyothi Kendria Vidyalaya
2	30 <sup>th</sup> July 2018	Navachethana	BNM Public School
3	2 <sup>nd</sup> Aug 2018	Navachethana	BBUL Jain School
4	11 <sup>th</sup> Sep 2018	Navachethana with Shramadaan	Doddballapur
5	20 <sup>th</sup> Sept 2018	Navachetana, in association with FPAI	Panchajanya Sevakshetra school, Bengaluru
6	9 <sup>th</sup> Nov 2018	Navachethana	Hebbal, Govt School
7	10 <sup>th</sup> Nov 2018	Navachethana with Sroptomist	Sir M Vishweshwaraiah Govt School
8	20 <sup>th</sup> Nov 2018	Navachethana with Rotary	BBMP School, Srirampuram
9	22 <sup>nd</sup> Nov 2018	Navachethana	Sathya Sai Ashram
10	28 <sup>th</sup> Nov 2018	Navachethana in association with Rotary	DSP School, Electronicity, Bangalore
11	13 <sup>th</sup> Dec 2018	Anemia Screening	Govt.School, Chintamani
12	29 <sup>th</sup> Jan 2019	HB Test	at Govt High School, Hebbal
13	14 <sup>th</sup> March 2019	Navachetana in association with Karnataka Cancer Care Society	Acharya Institute Hessarghatta.

## PROCEEDINGS OF AGM HELD ON 2<sup>ND</sup> OCTOBER 2018 AT HOTEL LE MERIDIEN BENGALURU

The meeting began at 3.45pm. The ballot papers had been issued a few minutes before for which there was objection by Dr.PushpaSrinivas. Therefore a five minutes break was taken and AGM was declared open again. Dr.PushpaSrinivas advised to follow the protocols of AGM

### ***Agenda 1: reading the minutes of AGM & EGM of the year 2017-18***

Dr.Jyothi G S, Hon.Secretary 2018-19 read the minutes of AGM and EGM of previous year. It was proposed by Dr.Susheela Rani B S and Seconded by Dr.Mohini Prasad

### ***Agenda2: Adaptation of Secretary Report 2017-18***

Dr.Shilpa G B presented secretary report 2017-18. The effort of previous team was appreciated.

The report was proposed by Dr.Jayanthi and seconded by Dr.Malini

### ***Agenda 2: Adaptation of Treasurer Report***

Dr.Ashakiran T R presented audited accounts of the year 2017-18

Dr.Sheela C N proposed the report and it was seconded by Dr.Jyothika Desai

### ***Adaptation of Auditor***

The president said BSOG would continue with the same auditor

### ***Agenda 3: Election of the Office bearers and executive committee***

The Election officers were Dr. Narayanan R, Dr.Venkatesh N and Dr.Shobha N Gudi.

The ballot paper was issued taking the signatures of each member. The nominees introduced themselves. There were 12 contestants for EC member and two contestants for Jt. Secretary. The nomination for EC received by Dr.Mangaladevi was not accepted as she had held the post of Hon.Secretary two years back.

Election was conducted for EC and Jt. Secretary. Dr.Thejavathy was elected as president elect, Dr.Shilpa G B as vice president unopposed.

Application for Jt.treasurerpost byDr.Jyothi G S It was decided that after taking the post of Hon.Secretary one cannot contest for the lower post. The constitution says those who complete 3 yrs EC should contest again for EC but to take higher post or to discontinue for minimum 2 years and can come back to EC. There is lack of clarity for office bearers post. There was lack of clarity in office bearers .As a final decision two resolutions emerged.

1. To conduct an EGM for the purpose of electing Jt. Treasurer by calling for nomination.
2. To conduct another EGM for the purpose of amendments.

Dr. Narayanan R suggested for E-voting .Dr.Susheela Rani suggested video recording of AGM which will help in identifying the comments and suggestions made during AGM

Dr.PrathimaRadhakrishna, the joint Treasurer's absence was discussed. She had sent her apology 2 weeks back to elections officers. Her post automatically gets upgraded to the post of treasurer and the post of treasurer is not for contest. Therefore her presence was not deemed to be in for AGM.



Dr.Venkatesh suggested that election officers need to be invited for a meeting before AGM

The election was conducted with full propriety and the results were announced.

Dr.RekhaRajendrakumar was elected to the post ofJt.Secretary

The elected EC members were

Dr. Indira Reddy

Dr. Mahesh Koregol

Dr.ManjulaPatil

Dr.Nagendra Prasad

Dr.Vishma Shetty

Dr.Sunitha

Dr.Shanthala

Dr.SripradaVinekar

Dr.RevathiRajan

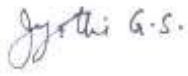
Any other matter with the permission of chair

Dr.Shobha N Gudi proposed to donate instruments of Cancer Care India, an NGO which conducts cancer screening in rural areas for women. Dr. Indira Prasad, life member of BSOG is incharge of this organisation.

Dr.Shobha N Gudi also mentioned about providing financial support for girl child. She added that she has identified a trust called Vathsalya trust, which provides education for children and runs few schools also for underprivileged children.



Dr.Shobha N Gudi  
President – BSOG



Dr.Jyothi G S  
Hon.Secretary – BSOG



Dr.Shirley George  
Hon.Treasurer – BSOG

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## **EGM held on 16<sup>th</sup> December 2018 @ KMC Auditorium**

A re-Election was conducted for the post of Jt.Treasurer for the year 2019-20 on 16<sup>th</sup> December in Extra ordinary General Body meeting. Dr. Aruna Muralidhar was elected as Jt.Treasurer

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### **1<sup>st</sup> EC Meeting @ API Bhavana on 04/05/2018 from 3 PM to 4 PM**

#### **Agenda:**

- Reading the Minutes of Jt EC Meeting
- Presentation of Investiture programme
- Presentation of Gurukul programmes
- Presentation of forthcoming Events
- Update on Shramadan activities
- Discussion on office matters
- Any other matter with the permission of chair

#### **Members present:**

Dr. Shobha N Gudi  
Dr. Shirley George  
Dr. Gomathy Narayanan R  
Dr. Pushpa Srinivas  
Dr. Padmini Isaac  
Dr. Mahesh Koregol  
Dr. Soumya Koregol  
Dr. Vijaykumar C R  
Dr. Prathima Radhakrishnan  
Dr. Rekha Rajendrakumar  
Dr. Tara D  
Dr. Chandrika Muralidhar  
Dr. Sheela V Mane  
Dr. Nagarathnamma R  
Dr. Srinivas K

#### **Apologies**

Dr. Shubha Rama Rao  
Dr. Vijaykumar Koravi  
Dr. Sriprada Vinekar

2<sup>nd</sup> EC Meeting:

Dt: 04/06/2018

Agenda:

- Reading the minutes of first EC meeting
- Update of Emergency EC meeting held on 22nd May
- All matters regarding Critical Care conference
- Revised Salary of office Staff
- Building Matters
- Purchase of Projector
- Any other matter with the permission of Chair

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3<sup>rd</sup> EC Meeting on 18<sup>th</sup> July 2018 at API BHAVANA

The Agenda of the meeting is:

1. Report on ICCOB 2018 conference
2. Discussion on forthcoming activities
3. Discussion on Gnanavarsha
4. Discussion on Golden Jubilee year celebration
5. Presentation of BSOG CME Accounts
6. Any other matter with the permission of Chair

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Dt.14/09/2018

4<sup>th</sup> EC meeting

The agenda of the meeting is as below

1. Update on previous events
2. Presentation of Audited accounts 2017-18 by Dr. Ashakiran
3. Finalising AGM date
4. Finalising Gnanavarsha dates and organising committee
5. update on Shramadaana and Navachethana
6. Building matters
7. Office Matters
8. Any other matter with the permission of chair

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The Agenda is

1. Report on Gnanavarsha
2. Update on on-going and upcoming events, Shramadaana, Navachetana
3. Monetary contribution to Dr.Ratnabai morey oration - request by KSOGA
5. Any other matter with the permission of chair.

**5TH EC meeting on 16h December 2018**

**Agenda:**

1. Report on Gnanavarsha
2. Update on on-going and upcoming events, Shramadaana, Navachetana
3. Monetary contribution to Dr.Ratnabai morey oration - request by KSOGA
5. Any other matter with the permission of chair.

**Members Present:**

Dr. Shobha N Gudi  
Dr. Srinivas K  
Dr. Jyothi G S  
Dr. Shubha Rama Rao  
Dr. Nagarathnamma R  
Dr. Prathima Radhakrishna  
Dr. Mahesh Koregol  
Dr. Soumya Mahesh  
Dr. Rekha Rajendrakumar  
Dr. Sriprada Vinekar  
Dr. Tara D  
Dr. Vijaykumar Koravi  
Dr. Sheela V Mane  
Dr. Gomathy Narayanan R  
Dr. Jaya Narendra  
Dr. Pushpa Srinivas

## **6<sup>th</sup> EC meeting on 12th February, Tuesday, at API bhavana, 2.00 pm**

### **The Agenda is**

1. Preparation for upcoming programs
2. Fixing of Joint EC meeting
3. Rejuvenation of protocol & Guidelines committee
4. KSOGA matters
5. Any other matter with the permission of chair.

### **Members Present:**

Dr. Shobha N Gudi  
Dr. Srinivas K  
Dr. Jyothi G S  
Dr. Shirley George  
Dr. Shubha Rama Rao  
Dr. Nagarathnamma R  
Dr. Prathima Radhakrishna  
Dr. Chandrika Muralidhar  
Dr. Aruna Muralidhar  
Dr. Mahesh Koregol  
Dr. Manjula Patil  
Dr. Soumya Mahesh  
Dr. Rekha Rajendrakumar  
Dr. Sriprada Vinekar  
Dr. Tara D  
Dr. Sheela V Mane  
Dr. Gomathy Narayanan R  
Dr. Pushpa Srinivas  
Dr. Padmini Isaac

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## JOINT EC MEETING

11<sup>TH</sup> MARCH 2019. CENTURY CLUB, BENGALURU

### Agenda:

Overview of events and activities of the year 2018-19

Overview of Income and Expenditure of the year 2018-19

Committee activity of the year 2018-19 during Jt. EC meeting.

The following are the committee

Medico Legal committee	Dr. Latha Venkataram
PG forum committee	Dr. Susheela Rani B S
Safe Motherhood committee	Dr. Sheela V Mane
Website	Dr. Gomathy Narayanan
Social Activity	Dr. Shobha N Gudi
Audit and Research Committee	Dr. Shobha N Gudi

Address by outgoing president

Welcoming of new team

Address by Dr. Nagarathnamma R

update on proposed activities by Dr. Nagarathnamma

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### **Emergency EC meeting held on 22<sup>nd</sup> May 2018 at Hotel Lalit Ashok**

Agenda: nominations to FOGSI ELECTIONS

### **EMERGENCY EC MEETING HELD ON 4<sup>TH</sup> JUNE 2018 AT API BHAVANA**

Agenda: ICCOB matters

Attended by all past presidents and EC members

### **Emergency Medico Legal committee meeting – 21<sup>st</sup> November 2018 at API Bhavana**

Agenda :Medico legal help to one of our senior member

Attended by:

Dr. Latha Venkataram

Dr. Nandinidevi H R

Dr. Shubha Rama Rao

Dr. Shobha N Gudi

Dr. Susheela Rani B S

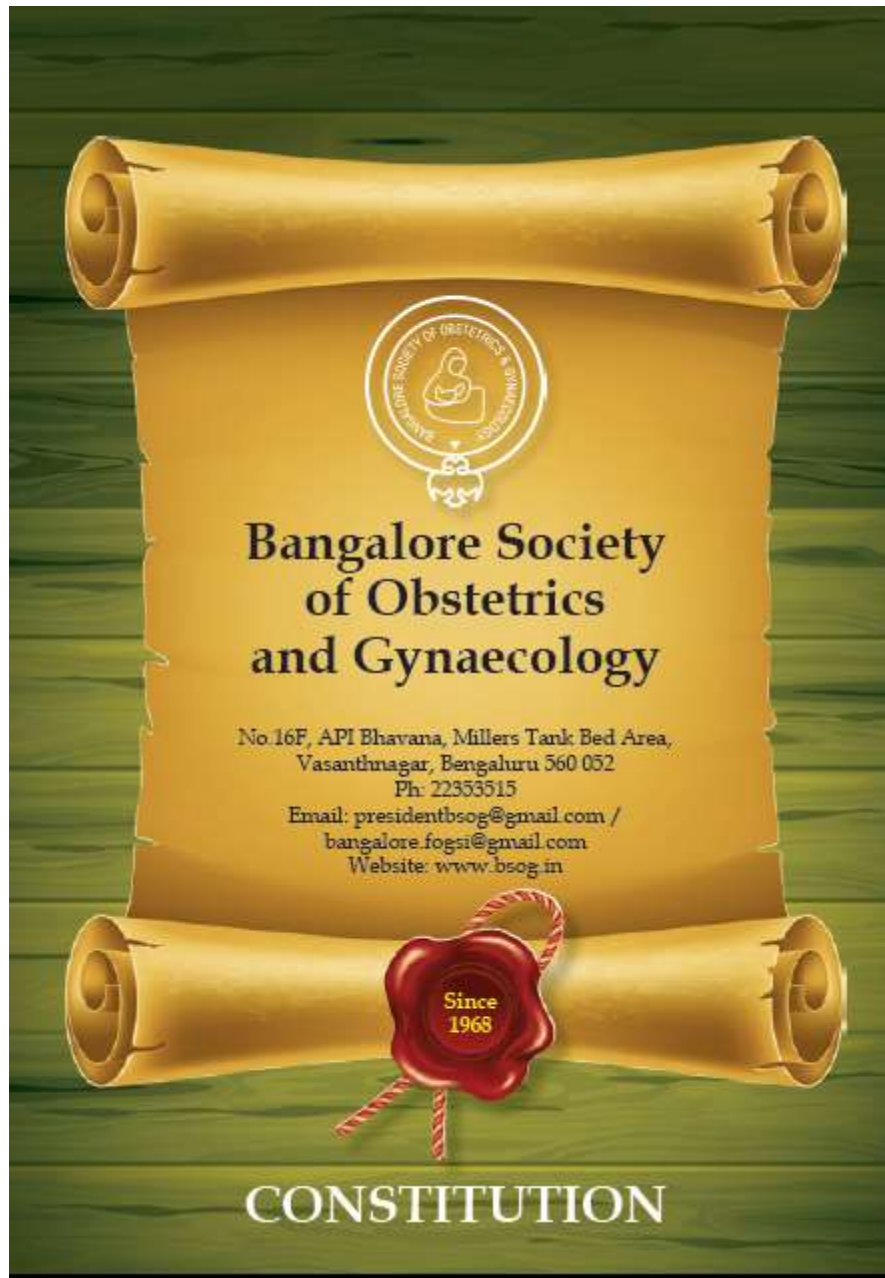
Dr. Arulmozhi

Dr. Sheela Mane

Dr. Jyothi G S



## Society Constitution



## Audit Report 2018 – 2019



**GOWTHAMA & COMPANY**  
CHARTERED ACCOUNTANTS

### **AUDITOR'S REPORT**

We have examined the Balance Sheet of Ms Bangalore Society Of Obstetrics And Gynaecology at 31st March 2018 and the Income and Expenditure Account for the year ended on that date which is in agreement with the books of account maintained by the said Society.

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of the audit. In our opinion, proper books of account have been kept by the Society, so far as appears from my examination of the books subject to the comments given below:

NIL

In our opinion and to the best of my information, and according to information given to us, the said accounts give a true and fair view.

1. In the case of the Balance Sheet, of the state of affairs of the above named Society as at 31st March, 2018 and
2. In case of the Income and Expenditure Account the Excess of income over expenditure of its accounting year ended on March 31st, 2018.

FOR GOWTHAMA AND COMPANY  
CHARTERED ACCOUNTANTS  
Firm no :005197S

  
Gowthama H.V.  
Partner  
M. No. 014353

Date:04.09.2018  
Place:Bangalore

## ➤ ELECTION PROCESS

The Election was conducted at AGM on 2<sup>nd</sup> October 2018

Dr. Nagarathnamma and Dr. Shubha Rama Rao was already elected in the last year AGM as President and Hon.Secretary respectively for the year 2019-20

Dr. Prathima Radhakrishna was elected as Jt.Treasurer who takes the post of Hon.Treasurer for the year 2019-20

The results of election for other post were as below

Dr. Rekha Rajendrakumar as Jt. Secretary

Dr. Thejavathy G V as President Elect for the year 2019-20

Following EC members were voted in

Dr. Indira Reddy

Dr. Mahesh Koregol

Dr. Manjula Patil

Dr. Nagendra Prasad

Dr. Vishma Shetty

Dr. Sunitha B

Dr. Shanthala

Dr. Sriprada Vinekar

Dr. Revathi Rajan

A re-Election was conducted for the post of Jt.Treasurer for the year 2019-20 on 16<sup>th</sup> December in Extra ordinary General Body meeting.

Dr. Aruna Muralidhar was elected as Jt.Treasurer.

**Attendance of representatives at Managing Committee meetings of FOGSI**

**Communication with the FOGSI Office**

***Names and attendance record of representatives during the year***

***Annual report submitted and response to communications from FOGSI office***

Dr. Shobha N Gudi and Dr. Shubha Rama Rao attended the Managing committee meeting at Dehra Dun at North Zone Yuva FOGSI in April 2018

Dr. Shobha N Gudi attended MCM at Mumbai in September 2018 along with AICOG team, Dr. Hema Divakar and Dr. Sheela V Mane.

**Payment of subscription and other dues and new members enrolled during the year**

***Date of payment and outstanding payments as on April 1 with actual new memberships***

*All Due payments are made as and when we received the subscription from members*

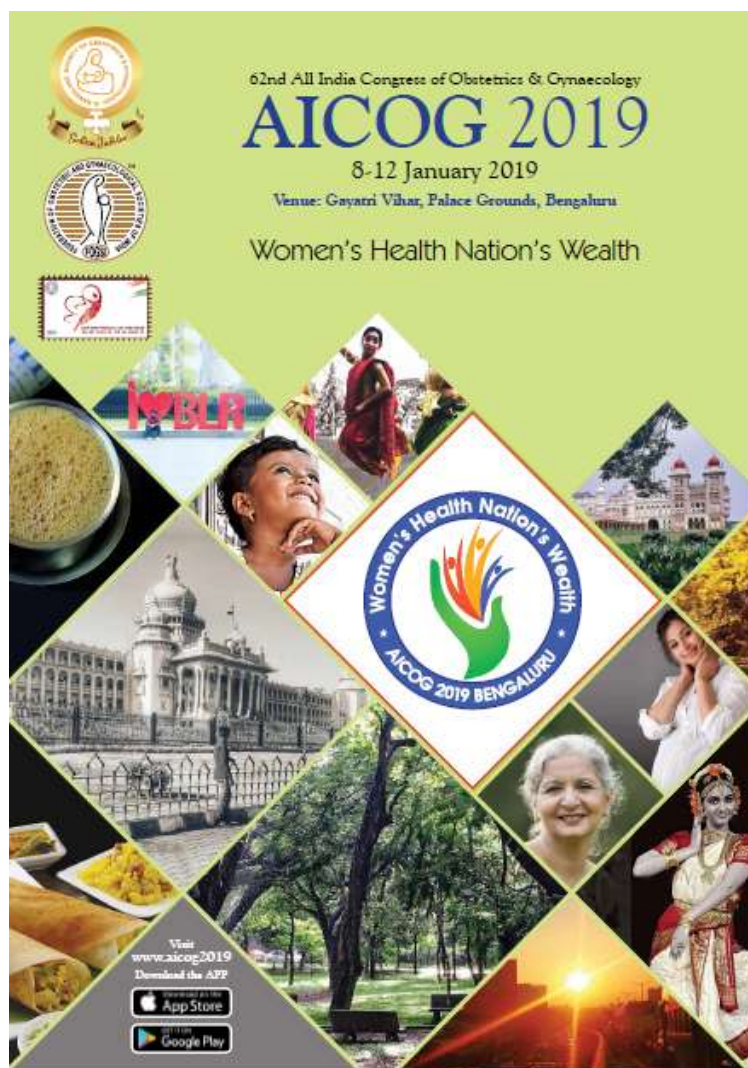
*Payments are done several time with last payment done on 22<sup>nd</sup> March 2019*

*No outstanding payments*

*Renewal – 959 members*

*New Members – 192 members*

## Events 2018 – 2019

62<sup>ND</sup> ALL INDIA CONGRESS OF OBSTETRICS AND GYNAECOLOGY



It was privilege to host 62<sup>nd</sup> AICOG 2019 at Bengaluru.

The **AICOG 2019** aimed to bring to the forefront matters of invention, innovation, practical and pragmatic and futuristic solutions in a range of Obgyn issues. The Congress drew from its previous events and developed further and covered greater detail the updates and educational needs of healthcare providers in aspects related to their practice of Obgyn.

FOGSI has grown tremendously, dealing with over 60 years of knowledge, innovative research and the most up-to-date tools, techniques and integrative approach. With over thousands of participants from all over the country and also countries worldwide, AICOG is now considered a leading congress in the field of Obgyn

**AICOG 2019** included faculty comprised of renowned professionals and practitioners from all over the country and the world, presentations on the most updated clinical and laboratory revolutions, evidence based and from practical experience. Covering all relevant issues Obgyn, offered a comprehensive update on all relevant aspects by renowned and world leading experts. – creating an environment for **AICOG 2019** participants to take away applied solutions in to their daily practices.



















The most awaited MEGA EVENT AICOG 2019

#### HIGHLIGHTS :

- 9,000 delegates approx..
- 75 international faculty
- 1500 national faculty
- 12 pre congress workshops,
- 9 committee workshops
- CG Saraiyya CME
- Inauguration : installation of the new president. **Dr Nandita Palshetkar** , Handing over the medallion by outgoing president **Dr Jaydeep Malhotra**.
- Graced by Sri Sri Ravishankar, Dr Urvashi Dholakia and Dian Hayden
- 10 scientific halls for three days
- 10 free paper halls and two poster halls for poster, e poster and videos.

- More than 1500 papers and posters
- Guinness book of world record : nothing is more cutress than the uterus.
- Skill drills and company symposia.
- Cultural events with celebrities.









## Annual conference of the society if organized

### Conference programme and participation of National and International faculty

**Gnanavarsha – Annual conference of the society** held on 27<sup>th</sup> & 28<sup>th</sup> October 2019 at Gayathri Vihar, Palace grounds, Bengaluru

National

and

International Faculty

Dr. Hema Divakar

Dr. Shobha N Gudi

Dr. Susheela Rani B S

Dr. Sheela V Mane

Dr. Jyothika A Desai

Dr. Kamini A Rao

Dr. Arulmozhi Ramarajan

Dr. Bhavaran

Dr. Latha Venkataram

Dr. Sundari N

Dr. Fatima Poonawala

Dr. Mohini N Prasad

Dr. Nagarathnamma R

Dr. Chandrika Muralidhar

Dr. Jayanthi T

Dr. Indukala

Dr. Vidya Thobbi

Dr. Sampath Kumari

Dr. Thejavathy G V

Dr. Krishna L

Dr. Jyothi G S

Dr. J B Sharma

Dr. Devika Gunasheela

Dr. Gomathy Narayanan

Dr. Madhuri Patil

Dr. Sriprada Vinekar

Dr. Vidyamani L

Dr. Nandini Devi H R

Dr. Rekha Rajendrakumar

Dr. Shailaja N

Dr. Shilpa G B

Dr. Malini K V

Dr. Vidya Bhat

Dr. Ramesh B

Dr. Saraswati Ramesh

Dr. Antony Robert

Dr. Prakash Mehta

Dr. Issac Manyonda



Dr. Somashekar S P

22 <sup>nd</sup> October 2016, Saturday	
7:30 – 8:30 am	<p>Topic: <b>Topic: Adolescent health care, crisis and outreach programme</b></p> <p>Judges: Dr. Subakshini, Dr. Vinitha, Dr. Shalini A.S</p>
9:00 – 10:30 am	<p><b>SESSION 1 – Workshop on Prescription Writing and Medical Therapeutics in Obstetrics</b></p>
9:00 – 9:15 am	<p>Pharmacokinetics and Dynamics of Drugs</p> <p>Dr. Padma Sankarsh</p>
9:15 – 10:30 am	<p>Case scenarios for outpatient and inpatient prescription in high-risk pregnancy: Endocrine disorders / Hypertension / Haematological / Autoimmune / Neurological Disorders / Infections</p>
	<p>Moderator: Dr. Shobitha K Gull</p>
	<p>Expert Panel:</p>
	<p>Dr. Naga Geema, Dr. Savitha C Dr. Padma P Dr. Unnathi K Dr. Padmaathi Dr. Mangaladeth</p>
10:30 – 10:45 am	Coffee Break
10:45 – 11:30 am	<p><b>SESSION 2 – Session on advances in Oncology and Metabolic surgery techniques</b></p>
	<p>Chairpersons: Dr. Subashini Nair B.S, Dr. Shweta C.N, Dr. Chandra B.S</p>
	<p>Medical Management of Chaper-Cancer and recent advances</p>
	<p>Dr. Murali Subramaniam</p>
	<p>Bariatric surgery in PCOS</p>
	Dr. Mohithide
11:30 – 12:15 pm	<p><b>SESSION 3 – Dr. P B Desai Azita Seneca Gratian</b></p>
	<p>Chairpersons: Dr. Kamini A. Raj, Dr. Anushree Ramnagar, Dr. Jyothika A.Desai</p>
	<p>Topic: Fetal Therapy and Interventions</p>
	Dr. Shashikan
12:15 – 1:15 pm	<p><b>SESSION 4 – Panel discussion on protocols for Management of deliveries in high-risk pregnancy</b></p>
	<p>Moderators:</p>
	<p>Dr. Latha Venkatesh Dr. Gineetha Ramani</p>
	<p>Panelists:</p>
	<p>Dr. Sundar N Dr. Indira Reddy Dr. Gayathri Kamath Dr. Jyothika Madan Dr. Supri D K Dr. Shirley George Dr. Padma Ponnuswami</p>
1:15 – 2:00 pm	Lunch

11.30 – 12.15 pm	<b>SESSION 3 - Keynotes by Invited Speakers</b> <b>Chaperones:</b> Dr. Pushpa Githivas, Dr Narayanan R Hormonal optimization of the health of women in the menopausal transition Dr. Isaac Manyonda NCD in pregnancy - The Trans-generational impact Dr. Hema Duvkar
12.15 – 1.00 pm	<b>SESSION 4 - Dr. Sulochana Gunasheela Oration</b> <b>Chaperones :</b> Dr. Devika Gunasheela, Dr. Gomathy Narayanan R, Dr Jyothi Menon Counselling on use of Advanced tests and technology in ART Dr. Madhuri Patel
1.00 – 1.45 pm	Lunch
1.45 – 2.30 pm	<b>SESSION 5 - Panel Discussion - Current perspectives in management of AUB</b> <b>Moderators:</b> Dr. Shubha Rama Rao, Dr. Sriprada Vinakar <b>Panelists:</b> Dr. Vidyasani L, Dr. Nandini Devi H R, Dr. Raksha Rajendrakumar, Dr. Shalini N, Dr. Ghanthala, Dr. Grijha G B
2.30 – 2.45 pm	Tea/coffee
2.45 – 5.00 PM	<b>SESSION 6 - Master Class Surgical Videos Workshop</b> <b>Chaperones:</b> Dr. Shobha N Gud, Dr. Gayathri Karthik <b>Video:</b> Cassarean Myomectomy / Pars vaginal repair and Mc Call's oophorectomy / NDVH - simple and baski/ NDVH - Large uterus/ TLH / Laparoscopic surgery for Ectopic Pregnancy / Dealing with complications in laparoscopy / Neonatal endoscopic surgery / Fetal diagnosis / ART Techniques / Robotic Surgery for early endometrial cancer Dr. Geetha Shanthag Dr. Vijaykumar C R Dr. Srinani Rajagopalan Dr. Malini K V Dr. Saraswathi Ramesh Dr. B Ramesh Dr. Vijay Kozal Dr. Vijiya V Bhel Dr. Antony Robert Dr. Prakash Mehta Dr. Mahesh Konegal Dr. Somashekar S P

Gnanavarsha 2018 : held @ Gayathri Vihar, Palace Ground, Bangalore

The much awaited annual conference of BSOG on its **golden jubilee** year – **Gnanavarsha 2018** was conducted with all splendor on 27th and 28th of October at Gayatri Vihar, Palace grounds, Bengaluru. The intent of this conference was to create a platform for sharing experience, knowledge and to indulge in some cultural extravaganza.

As the name signifies, Gnana means Knowledge and Varsha means Shower, the two day conference was indeed a shower of knowledge with brilliant scientific sessions. The theme of the conference was Protocols and evolving practices in OBGYN. Adding icing to the cake was the splendid cultural program on the evening of 27th which was a platform for all BSOGians who came together on a common platform and made merry.

The program began on both days at 8am sharp. The first hour was allotted to **YUVA SPARDHE** on both days. It was dedicated to young talent promotion and was the competitive platform for the under 40s in the form of oral papers or posters presentations, giving a great opportunity to many of our young consultants. The themes for Yuva Spardhe for free paper presentations was “**Adolescent health care, clinic and outreach programme**” and for poster was “**Recent advances in OBG**” and miscellaneous. There were three orations, keynote addresses, panels and deliberations covered along with cultural events over a period of two days. Experts from various subspecialties were brought together to deliberate and discuss on various interesting topics. This year the orations were on Fetal Therapy, latest ART techniques and the role of artificial intelligence in the future of medicine. The keynotes which were the highlights of the conference, comprised of hormones for menopausal and the transition and the impact of NCD (Non Communicable Diseases) on pregnancy. The session on adolescent health care in keeping with the theme of BSOG for 2018-19– “**Empower the Adolescent and Nurture the Future**”, panels on obstetric protocols and AUB and the wonderful master class surgical video workshops were the other significant features worth mentioning.

The cultural events need a special mention too. The saga of a village girl was depicted in the folk-lore tale “**Namma Haadu Nammadu**” followed by “**BSOG has TALENT**”. A medley of songs on **Modern Ramayana** enacted by the BSOG members which was very hilarious was nicely matched with the program following it of **Sampurna Ramayana** where a part of the epic was enacted. The Bollywood dance was really classy.

Ms. Malathi was the Chief Guest for the Inauguration BSOG appreciated and acknowledged the prize winners of Yuva Spardhe Drs... and gave away certificates. books and cash prizes. BSOG gave away cash prizes to the member postgraduates



who had secured prizes at zonal, State level and National Conferences for the paper/poster presentations also.

More than 200 delegates and 70 faculty members participated in the conference.

There was a good response from postgraduates for free papers and poster presentations on theme topics. All in all, it was a wonderful and memorable conference and was much appreciated by all.



























## Other conferences and academic activities

### Organization of other conferences and orations and participation of National and International faculty

Investiture Ceremony 08/04/2018 held @ Hotel Le Meridien




*Golden Jubilee Year 2018-19*

**Bangalore Society of Obstetrics and Gynaecology**

## Investiture Program

8<sup>th</sup> April 2018  
Hotel Le Meridien, Bengaluru

**Masters of ceremony: Dr. Srinivas K, Dr. Aruna Muralidhar**

8.30 AM	Registration and welcome	
	Obituary	Paying homage
9.00 - 10.00 AM	<b>Session 1</b> Caring for the tender teens	Chairpersons: Dr Jyothika Desai Dr Chandrika Muralidhar Dr Padmini Prasad
9.00 - 9.15 AM	Adolescent health: A Global watch	Speaker: Dr K Srinivas
9.15 - 9.30 AM	Adolescent Endometriosis challenges in diagnosis and management	Speaker: Dr Shilpa GB
9.30 - 9.45 AM	Adolescent PCOS: Mitigating the long term effects	Speaker: Dr Preeti Galagali
9.45 - 10.00 AM	Adolescent Gynaec problems: Role of Laparoscopic surgery	Speaker: Dr Vidya V Bhat
10.00 - 10.45 AM	<b>Session 2</b> Invited Speaker and Invited members Session	Chairpersons: Dr Kamini Rao Dr Hema Divakar Dr Sheela V Mane Dr Shobha N Gudli
	Management of Mullerian anomalies in an adolescent	Speaker: Dr B N Chakravarthy

10.45 - 11.00 AM	Informal time: ECO friendly behavior for BSOGIANS	Dr Meenakshi Bharat
	Introducing the Camp	Dr Satish Babu
11.00 - 11.15 AM	Investiture Ceremony	
	Invocation	Dr Parimala Devi
	Welcome Address	Dr Shubha Rama Rao
	Lighting the Lamp	
11.15 - 11.25 AM	Address by the Outgoing President	Dr Chandrika Muralidhar
11.25 - 11.30 AM	Introduction of Incoming President	Dr Sheela V Mane
11.30 - 11.35 AM	Change of Medallion	
	Oath Taking Ceremony for the Team	
11.35 - 11.45 AM	Appreciation of Past Presidents	
11.45 - 11.57 AM	Address by Incoming President	Dr Shobha N Gudli
11.57 - 12.05 PM	Address by Chief Guest	Dr B N Chakravarthy
12.05 - 12.10 PM	Address by Guest of Honour	Dr Sita Bhateja
12.10 - 12.30 PM	Life Time Achievement Awards:	
	Dr. Srirani Rajagopalan	Introduction by Dr Latha Venkataram
	Dr. Arulmozhi Ramarajan	Introduction by Dr Susheela Rani B S
12.30 - 12.40 PM	Special Awards:	
	• Dr. Chandrika Muralidhar for the successful completion of Presidential Tenure	
	• Best Attendance Award	
12.40 - 12.50 PM	Appreciation of Outgoing Team Declaration: Past President Alumni Association BSOG Youth Brigade	
12.50 PM	Vote of Thanks	Dr Shirley George
1.00 PM	Lunch	

The Golden Jubilee year 2018-19 began with the Investiture ceremony on 8th April 2018 at Hotel Le Meridien Bengaluru. We are happy to note that it was well attended by 200 delegates, with faculty and members of new EC committee.

We were blessed indeed that Dr. Baidyanath Chakravarthy, the stalwart gynaecologist in the field of ART from Kolkata, was with us with his family and friends. His deliberation on Management of Mullerian chaired by DRs Kamini Rao, Hema Diwakar and Sheela Mane was highly appreciated. Dear Dr. Sita Bhateja madam, was the guest of Honour. The scientific session on caring for the tender teens was chaired by Dr. Chandrika Muralidhar and Dr. Jyothika A Desai. The talks on various aspects of adolescent health by Drs. Srinivas, Shilpa G B, Preeti Galagali, Vidya Bhat were well received

- The Medallion was then passed on by Dr.Chandrika Muralidhar to Dr. Shobha N Gudi,
- A new addition, an oath taking ceremony for the president and the office bearers and EC members was conducted.
- A value addition detail was the flagging off of a digital PPH e- module by Dr. Hema Divakar and Dr. Sheela V Mane.
- We were fortunate that BSOG could confer the life time achievement awards to two of our very worthy past presidents. Dr. Srimani Rajagopalan was felicitated for her long career of promoting vaginal access least invasive surgery in gynaecology and Dr. Arulmozhi Ramarajan was honoured for her valuable contribution towards reducing SAMM ( Severe acute maternal morbidity)

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The programme ended on a high note when the president declared the formation of past presidents alumni association and BSOG Youth Brigade and outlined their roles.

- The entire show was compered wonderfully by Dr. Srinivas K and Dr. Aruna Muralidhar.





## INTERNATIONAL CONFERENCE ON CRITICAL CARE – Workshop & Conference-

29<sup>th</sup> June – Workshop @ Mainipal Hospital, Old Airport Raod, Bangalore

30<sup>th</sup> June & 1<sup>st</sup> July 2018 Conference @ Hotel Le Meridien, Bangalore

- This was a flagship event of the “Golden Jubilee year of BSOG”, organized by the Bangalore Society of Obstetrics and Gynaecology under the aegis of FOGSI.
- This congress emphasized the importance of care given in critical situations during The Golden Minute to the infant and the Golden Hour to the mother after child birth. Critical care during pregnancy, labour and beyond was the focus of the scientific deliberations with high emphasis on management.
- The program was inclusive of a Pre-Congress Workshop with Nine Different Skill Stations. The scientific sessions included Orations, Keynote Addresses, Panel Discussions, Medico Legal Session and much more.
- About 300 delegate and 120 faculty participated in the conference. The Workshop with 9 stations was conducted in Manipal hospital Venue and other arrangements for the workshop was taken care by Manipal hospital.









**Two days Critical Care conference was held in Hotel Le Meridien, Bengaluru**

- Two days conference was held in Hotel Le Meridien, Bengaluru. The sessions were divided in two halls. Delegates from all over India participated. The scientific content was appreciated by all.
- We were fortunate to have Dr. C N Purandare and Dr. Dinesh Baswal for the Inauguration and Doctors Day Celebration
- Workshop manuals were given to workshop participants. We plan to upload the live coverage through google link on to the website. Also, there is a series of checklists and take home messages being prepared for the upload as well. ICOG granted 15 credit points and KMC granted 6 credit hours for the workshop and conference through certificates.































A two day event was conducted at 21st and 22nd July at Hotel Le Meridien. About 400 delegates and faculty participated in the conference.

This conference aimed at increasing the knowledge of different techniques in endoscopy, infertility and USG. The platform consisted of master classes, plenary sessions, updates on multiple topics with expert review and discussions.

This Symposium also enlightened upon the endoscopic surgery videos accidents, mishaps, surprises and reconstruction of gynaec pathologies through video – taped surgeries performed by master surgeons. It was a platform to learn newer technology through exhibition training sessions – hysteroscopy and ovum pick and deliberations. Dr. Hafeez Rahaman, Dr. Rajendra Sankpal, Dr. Asha Rao, Dr. Sonal Panchal, Dr. Sandesh kade were the invited faculty.

Dr. Narayanan R, Dr. Srimani Rajagopalan, Dr. Vidyamani L were felicitated for their contribution in the field.

Dr. Aswathnarayan and Dr. Hema Divakar were the chief guests for the inauguration of the conference.

A debate on Laparoscopy and Robotic by Dr. Ramesh and Somashekar was very interactive. The video session, bold the experts was very interesting.



















# BSOG CME 2018



## WEDNESDAY, 20<sup>TH</sup> JUNE 2018

08.30am - 09.30am	CTG Workshop Dr. Lathia Venkatram and team
09.30am - 09.45am	Inauguration and Introduction to DRILLS
09.45am - 10.15am	Coffee
10.15am - 01.15pm	Obstetric Drills
01.15pm - 01.45pm	Lunch
01.45pm - 04.45pm	Obstetric Drills
04.45pm - 05.00pm	SDPP selection
05.00pm - 06.00pm	Ultrasound Workshop Dr. Ramamurthy BS, Dr. Prathima Radhakrishna and team

### OBSTETRIC DRILLS

#### FORCEPS AND VACUUM

Dr. Sujatha Prabhu  
Dr. Rajneesh  
Dr. Srividya  
Dr. Anitha David  
Dr. Vimala Kakinada  
Dr. Suvarna Jyothi  
Dr. Joshita Nakk  
Dr. Maheshwari  
Dr. Kusuma Nalk  
Dr. Akshitha

#### PPH MEDICAL

Dr. Manjula NV  
Dr. Radhika  
Dr. Ashwini  
Dr. Taniya  
Dr. Soumya K

#### PPH SURGICAL

Dr. Shilpa GB  
Dr. Ashokiran T R  
Dr. Kavitha Pujar  
Dr. Arpitha  
Dr. Angelina  
Dr. Radhika

#### PELVIS AND PRESENTATION

Dr. Suvarna  
Dr. Roopkala  
Dr. Nalini  
Dr. Sathya  
Dr. Ganathri Reddy  
Dr. Jayashree Venkat  
Dr. Mayaja  
Dr. Malathi  
Dr. Hethysli

#### NEONATAL RESUSCITATION

Dr. Shivala  
Dr. Chandrakala  
Dr. Sridevi  
Dr. Deepa  
Dr. Ramachandri  
Dr. Manu

#### BREECH

Dr. Chandrika Muralidhar  
Dr. Shashikala Karanth  
Dr. Ramya Shankar  
Dr. Vani  
Dr. Ashwini Nalk  
Dr. Rupa  
Dr. Soumya Koregol

#### SHOULDER DYSTOCIA

Dr. Shirley  
Dr. Jyothi G S  
Dr. Padmakshi  
Dr. Madhuri Saha  
Dr. Chaitra  
Dr. Sharmila  
Dr. Mamatha Shetty

#### ECV, IPV & MRP

Dr. Malini K V  
Dr. Raksha  
Dr. Shashikala Patil  
Dr. Suma K S  
Dr. Usha  
Dr. Ashok Kumar Devoor  
Dr. Shobha N Gudi  
Dr. Srinivas K  
Dr. Umashankar  
Dr. Sarojini  
Dr. Tejaswini  
Dr. Bharu

#### BLS

Dr. Nishanth Hiremath  
Dr. Farha  
Dr. Neha  
Dr. Girish

## FACULTY FOR GYNAEC DRILLS

### HYSTEROSCOPY

Dr. Vidya Bhat  
Dr. Vijayakumar Koravi  
Dr. Mahesh Koregol  
Dr. Swetha Arasu  
Dr. Rohini  
Dr. Sushma  
Dr. Yogalakshmi  
Dr. Rashmi Patil  
Dr. Chaya

### LAPAROSCOPY

Dr. Saraswathi Ramesh  
Dr. Payal  
Dr. Rekha Rajendra Kumar  
Dr. Anathi Sridhar  
Dr. Karamjeet Kaur  
Dr. Harinath  
Dr. Sriprada S B Vinekar  
Dr. Shafalika  
Dr. Bhuvanashree  
Dr. Anitha

### MVA

Dr. Harsha Billiangady  
Dr. Suvarna  
Dr. Roopkala  
Dr. Urvashi  
Dr. Tara D  
Dr. Hethysli  
Dr. Mamatha  
Dr. Malathi

### COLPOSCOPY

Dr. Sundari N  
Dr. Parimaladevi  
Dr. Sushela Rani B S  
Dr. Jyothika A Desai  
Dr. Shubha Rama Rao

### PPIUCD INSERTION TRAINING

Dr. Malini K V  
Dr. Srinivas K  
Dr. Asha Kiran  
Dr. Prathima  
Dr. Sarojini  
Dr. Jagannath Pairu

### SURGICAL KNOTS

Dr. Jayanthi  
Dr. Thejavathy  
Dr. Jyothi G S  
Dr. Shashikala Karanth  
Dr. Manjula N V  
Dr. Anitha David  
Dr. Kavitha Pujar  
Dr. Ramya Shankar

### POP Q

Dr. Kiran Ashok  
Dr. Madhusudhan  
Dr. Shailaja N  
Dr. Nagarathnamma  
Dr. Kusuma Nalk  
Dr. Kirtan Krishna

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## THURSDAY, 21<sup>ST</sup> JUNE 2018

08.00 - 08.20am	Lecture	Pelvic organ supports and Prolapse	Dr. Kiran
08.20 - 08.40am	Lecture	Ensuring safe deliveries - dilemmas despite evidence	Dr. Hema Divakar
08.40 - 09.00am	Lecture	ABG	Dr. Farooq
09.00 - 09.10am	You ask - we answer		
09.10 - 09.40am	Short Case	Abnormal vaginal discharge	Dr. Chopde SS Dr. Rathna Bulusu
09.40 - 10.40am	Long case	RPL	Dr. Sareena Gilvaz Dr. Rajeev Saxena Dr. Venkatesh N
10.40 - 11.10am	Short Case	Fibroid Uterus	Dr. Rita Mhaskar Dr. Rajani Uday
11.10 - 11.25am	Coffee		
11.25 - 11.45am	Basic Sciences Pathology	Hematological evaluation of anemia	Dr. Seethalakshmi
11.45 - 12.05pm		Pathology of Ovarian tumours	Dr. Jyothi Rangarath
12.05 - 12.25pm		Cytological screening for cervical cancer	Dr. Sundari
12.25 - 12.35pm	You ask - We answer		
12.35 - 01.35pm	Long Case	Jaundice in Pregnancy	Dr. Sareena Gilvaz Dr. Sheela C N Dr. Sheela Mane
01.35 - 02.15pm	Lunch		
02.15 - 06.15pm	Gynec Drills		

### GYNEC DRILLS

#### POP Q AND COLPOSCOPY

#### SUTURES AND KNOTS / MVA

#### INTERVAL IUCD AND POSTPARTUM IUCD

#### HYSTEROSCOPY / LAPAROSCOPY

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## FRIDAY, 22<sup>ND</sup> JUNE 2018

08.00 - 09.00am	SDPP	Obstetrics	Dr. Nalini Arunkumar Dr. Tara Dr. Padmasri
09.00 - 10.00am	Long Case	GDM	Dr. Ambarish Bhandiwad Dr. Shobha Gudi Dr. Savitha C
10.00 - 11.00am	Long Case	Primary amenorrhoea	Dr. Lakshmi Seshadri Dr. Shukla Shetty Dr. Prameela H J
11.00 - 11.15am	Coffee		
11.15 - 11.45am	Short Case	Breech presentation	Dr. Srinivas Dr. Sujatha M S
11.45 - 12.45pm	Long Case	Ovarian Tumour	Dr. Hareesh Doshi Dr. Shirley George Dr. Girija
12.45 - 01.15pm	Short Case	Urinary incontinence	Dr. Lakshmi Seshadri Dr. Madhu
01.15 - 01.30pm	Lecture	Tips and tricks to face exams	Dr. Hareesh Doshi
01.30 - 02.30pm	Lunch		
02.30 - 03.30pm	Long Case	Hypertension in pregnancy	Dr. Hareesh doshi Dr. Umadevi Dr. Jyothi G S
03.30 - 04.00pm	Short Case	Gestational Trophoblastic Neoplasia	Dr. Aruna Kekre Dr. Prashanth Joshi
04.00 - 05.00pm	Long Case	Genital organ prolapse	Dr. Aruna Kekre Dr. Nagarathnamma
05.00 - 06.15pm	Table Viva		Dr. Gomathi Narayanan Dr. Sudha Dr. Suvarna

## SATURDAY, 23<sup>RD</sup> JUNE 2018

08.00 - 09.00am	SDPP	Gynecology	Dr. Shashikala Karanth Dr. Shilpa G B Dr. Poornima M
09.00 - 10.00am	Long Case	Previous Cesarean Delivery	Dr. Hemant Deshpande Dr. Krishna L Dr. Ashakiran T R
10.00 - 11.00am	Long Case	FGR	Dr. Sangeetha Menon Dr. Jyothika A Desai
11.00 - 11.15am	Coffee		
11.15 - 12.15pm	Long Case	Anemia in pregnancy	Dr. Suyagna Joshi Dr. Anukmozhi Ramarajan Dr. Jayanthi T
12.15 - 01.15pm	Long Case	Multiple pregnancy	Dr. Seetha Paricker Dr. Padmaja P Dr. Thejavathy GV
01.15 - 01.35pm	Lecture	Recent advances in management of Infertility	Dr. Kamini A Rao
01.35 - 02.30pm	Lunch		
02.30 - 03.30pm	Long Case	Cancer cervix	Dr. Sangeetha Menon Dr. Bafna U D Dr. Monikrishna
03.30 - 04.00pm	Short Case	Prolonged Pregnancy	Dr. Hemant Deshpande Dr. Ambuja C
04.00 - 05.00pm	Long Case	Infertility	Dr. Ambuja C Dr. Seetha Paricker Dr. Shailaja N
05.00 - 06.00pm	Quiz	Contraception	Dr. Susheela Rani

## SUNDAY, 24<sup>TH</sup> JUNE 2018

08.00 - 09.00am	SDPP	Fertility & Family Welfare	Dr. Chandrika K Dr. Aruna Muralidhar Dr. Parveen Yousuff
09.00 - 10.00am	Long Case	Post menopausal bleeding	Dr. Shubha Rama Rao Dr. Sunanda Kulkarni Dr. P S Rao
10.00 - 10.30am	Lecture	Research Methodology	Dr. Nachiketh
10.30 - 11.00am	Valedictory		
11.00 - 11.15am	Coffee		
11.15 - 11.45am	Short Case	Preterm labour	Dr. Palaniappan N Dr. Prakash Mehta
11.45 - 12.45pm	Long Case	AUB	Dr. Palaniappan Dr. Malini K V Dr. Sampath Kumar
12.45 - 01.45pm	Long case	Heart disease in pregnancy	Dr. Veerendra Kumar Dr. Bellad M B Dr. Sampath Kumar
01.30 - 02.00pm	Lunch		

## SDPP Student Delegate Participation Programme

Students make a Power point presentation on a topic for 7 minutes and defend it for 2 minutes followed by judges' comments for 1 minute. 6 students will be chosen to talk on each day. Interested students may give their names at the time of registration. Selection of students and their topics will be on lots drawn on 20th June 2018. Participating students will be given certificates. Winners in each category will be awarded prize in the valedictory function.

### Topics: 22<sup>nd</sup> June, Friday, Obstetrics

1. VBAC latest guidelines
2. Usefulness of MEDW chart in reducing SAMM
3. Management of DVT in pregnancy
4. New developments in the prediction of Pre-eclampsia
5. Pregnancy outcomes after Bariatric Surgery
6. Recent updates on Subclinical Hypothyroidism

### Topics: 23<sup>rd</sup> June, Saturday, Gynecology

1. Role of molecular markers in Cervical cancer
2. Adverse Reproductive health outcomes following PID
3. Mifepristone in management of Fibroids
4. Extrapelvic Endometriosis
5. Squamous Precursor lesions of Vulva
6. Use of AMH in diagnosis of PCOS

### Topics: 24<sup>th</sup> June, Sunday, Fertility & Family welfare

1. Place of Embryoscope in ART Pregnancies
2. Contraception – ways in which it can affect sexual functioning
3. Evaluating PCR, Culture & Histopathology in the diagnosis of female genital tuberculosis diseases.
4. Injectable Contraceptives – a revisit
5. Fresh embryo Vs Frozen Embryo Transfer
6. SOG



## REPORT

Bangalore Society of Obstetrics and Gynaecology conducted its annual CME at API Bhavan, Millers Tank Bund Road, from 20th June to 24th June 2018. This year's CME was also for 5 days. The programme went off smoothly with the wonderful co-operation of all the committee members and EC members.

CME 2018 had 300 delegates of which 83 were from outside Karnataka.

We had dedicated faculty from all over the country. There were around 20 outstation faculty which included, Dr. Sareena Gilvaz from Thrissur, Kerala, Dr. Palaniyappan from Chennai, Dr. Aruna Kekkare from Vellore, Dr. L. Krishna from Kuppam, Dr. Sujatha from Mysore, Dr. Veerendra Kumar from Bellary, amongst others. Long and short case discussions formed the prime focus of the CME. Video assisted skill transfer and Table Viva were the main attraction. New drills were added to make the drills even more useful. These were, BLS, Neonatal Resuscitation, Surgical knots, MVA and POP Q. Case discussions, SDPP provided ample opportunities for the students to prove their knowledge and excellence. The winners of the SDPP were awarded prizes and certificates. The beautiful premises of API Bhavana provided the right environment for the CME. Skyline did a good job on the audiovisuals while GPV Group provided different types of good food on all the 5 days.

Dr. B.S. Susheela Rani  
CME Co-ordinator





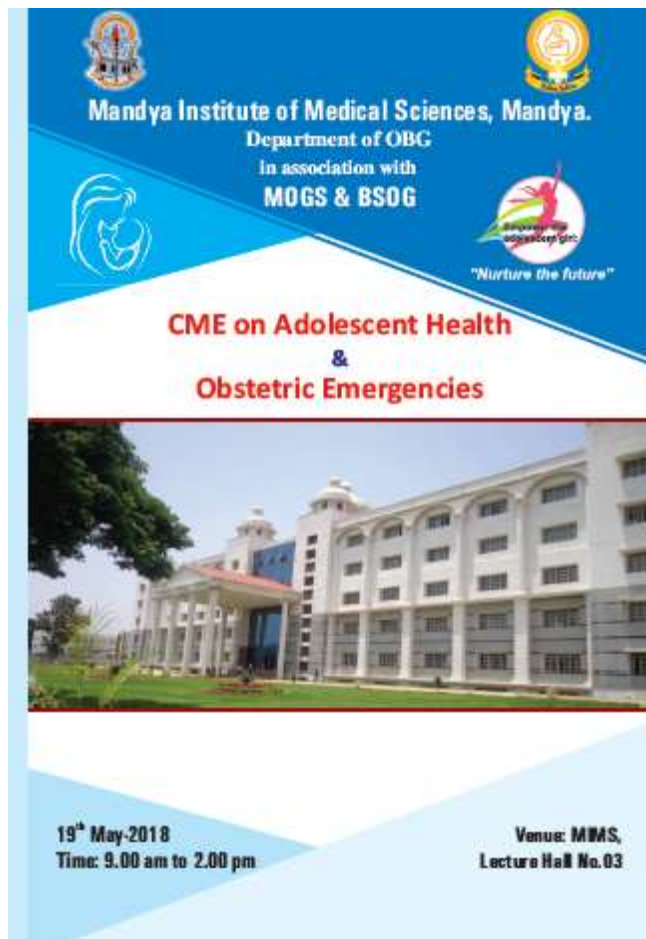






## **CME ACITIVITY FOR MEMBERS**

*CME on adolescent sexual reproductive health at Mandya society as outreach program  
with medical college Mandya – 19<sup>th</sup> May 2018*



MANDYA INSTITUTE OF MEDICAL SCIENCES		PROGRAMME
DEPARTMENT OF OBG		8:30 -9:30am : Registration and Breakfast
<b>CME-2018</b>		9:30 am -10:00am : Inauguration
We the Staff members of Department of Obstetrics & Gynaecology		10:00am -10:15am : Global overview : Adolescent health Speaker- Dr.Rekha Rajendrakumar Chair persons : Dr.Sharmila, Dr.H.C Savitha
Cordially invite you for the CME programme on		10:15am-10:30am : Green the Red Concept of Sustainable Menstruation Speaker- Dr. Meenakshi Bharath Chair persons : Dr. Krishna, Dr. Lakshmi
<b>Saturday 19<sup>th</sup> May -2018</b>		10:30am- 10:45am : Adolescent PCOS Speaker- Dr. Tara Chair persons : Dr. Sreekala, Dr. Kavyashree G.
Inauguration by:		10:45am - 11:00am : Adolescent menstrual disturbances Speaker - Dr. Shobha N Gudi Chairperson -Dr. Meera prasad, Dr. Usharani D.
<b>Dr.G.M Prakash,</b>		11:00 am - 11:15am : Tea Break
Director		11:15 am - 11:30am : Adolescent Endometriosis Speaker - Dr. Sriprada Vinekar Chair persons : Dr. Prabhavathi, Dr. Suresh B.K.
Mandya Institute of Medical Sciences,		11:30 am -11:45am : Laparoscopic Management of Gynec Emergencies in Adolescents Speaker - Dr. Vidya Bhat Chair persons : Dr. T.R. Jyothi, Dr. Manu M.D.
Mandya		11:45 am -12:00pm : Discussion
Presided by:		12:00 pm to 1:00pm : Nurture the future "Panel on sexual and reproductive health amongst adolescents : How to reach the unreachable?" Moderator-Dr. Shobha N Gudi Panelists - Dr. Rekha, Dr. Tara, Dr. Sriprada Dr. Vasumathi Rao
<b>Dr. Hanumanth Prasad.M,</b>		01:00pm to 02:00pm : Panel discussion on "Team approach in tackling obstetric emergencies"
Medical Superintendent		2:00pm onwards : Lunch
Mandya Institute of Medical Sciences, Mandya		
Venue : MIMS, Lecture Hall No.03		Time: 9.00 am to 2.00 pm

The **first outreach programme** from BSOG for the year 2018 – 2019 was conducted as a CME on “Adolescent Issues and Gynaecological Emergencies” at Mandya Institute of Medical Sciences, Mandya on 19th May 2018. It was half a day programme organized by Mandya Institute of Medical Sciences in association with Mandya Obstetrics and Gynaecology Society and BSOG.

The delegates included medical college staff and students; doctors from the Government sector, private practitioners and adolescent girl students from high school and intermediate. There were about 100 delegates which included 30 gynaecologists and 70 students.

The CME was inaugurated and presided by Dr. Hanumanth Prasad M, Medical Superintendent, MIMS, Mandya.

The global overview of Adolescent Health, PCOS , AUB, Endometriosis, and endoscopic management of Gynecologic Emergencies in Adolescents were addressed by Drs. Rekha Rajendrakumar, Tara D, Shobha N. Gudi, Sriprada Vinekar Vidya Bhat.

Dr. Meenakshi Bharat presented the ‘Green the Red’ concept of Sustainable Menstruation with reusable cloth pads and menstrual cups to have a rash-free, cash-free and trash-free period.

Panel on ‘Sexual and reproductive health amongst adolescents: How to reach the unreachable?’ was moderated by Dr. Shobha N. Gudi. The panelists Drs Meenakshi Bharat, Rekha Rajendrakumar, Tara D and Sriprada Vinekar. The role of ANM’s, ASHA workers and teachers in propagating sustainable menstruation was discussed. The functioning of ARSH (Sneha) clinics and POCSO Act were elaborated.

The programme was very much appreciated by one and all.





## CME on Endometriosis – The Enigmatic Disease held @ Hotel Lalit Ashok, Bangalore

### ENDOMETRIOSIS THE ENIGMATIC DISEASE

Masters of Ceremony		Dr. Sriprada Vinekar Dr. Manjula Patil
1.00 to 1.30 pm	Registration	
1.30 to 2.00 pm	Lunch	
2.00 pm	Welcome	Dr. Shubha Rama Rao
2.00 to 3.40 pm	Session 1: Endometriosis: The enigma, Chairpersons:	Dr. Hema Divakar Dr. Pushpa Srinivas Dr. Vidya Bhat Dr. Malini
2.00 to 2.20 pm	Endometriosis: Global burden & The impact on reproductive health	Dr. Vijaykumar C.R
2.20 to 2.45 pm	The role of medical management: Is there a wonder molecule?	Dr. Ramani Devi
2.45 to 3.10 pm	Endoscopic surgery in endometriosis: Evidence to practice	Dr. B. Ramesh
3.10 to 3.40 pm	Infertility and endometriosis: How to optimize treatment results?	Dr. Kamini Rao
3.40 to 4.30 pm	Session 2: Panel discussion and <b>post your case session</b> : Treating Tricky cases of endometriosis across the reproductive life	Moderator Dr. Shobha N Gudi Panellists: Dr. Ramani Devi Dr. Sheela V Mane Dr. Gayatri Karthik Dr. Kamini Rao Dr. Madhuri Patil Dr. Vidya V Bhat Dr. Mahesh Koregol Dr. Vijaykumar Koravi
4.30 pm	Vote of Thanks	Dr. Shirley George



Bangalore Society of Obstetrics  
and Gynaecology

Presents

### ENDOMETRIOSIS THE ENIGMATIC DISEASE

22<sup>nd</sup> May 2018

Venue: Hotel Lalit Ashok, Bengaluru

**LUPRIDE DEPOT**  
Luprider Acetate Depot 1g, 5.75mg / 11.25mg

**EMERSA**  
Hormonal Contraception

The first academic programme of the golden jubilee year of BSOG 2018-19 was held on 22nd May 2018 at Hotel Lalit Ashok from 1.00- 5.00 pm. It was attended by 150 delegates.

The programme started at 2.30 pm with the lighting the lamp and invocation by Dr. Manjula Patil preceded by a Sumptuous lunch. This was followed by a welcome address by Dr. Shubha Rama Rao. The first session involved talks by Dr. Vijaykumar, Dr. Ramani Devi, Dr. Ramesh, Dr. Kamini Rao and was chaired by Dr. Pushpa Srinivas, Dr. Malini, Dr. Padmini Isaac. Dr. Ramani Devi from Trichy was the invited national faculty and gave a talk of Deinogest – The wonder Molecule. The session was very interactive.

The second session was a panel discussion moderated by BSOG president, Dr. Shobha N Gudi. About 8 cases scenarios were discussed. Dr. Ramani Devi, Dr. Sheela Mane, Dr. Kamini Rao, Dr. Mahesh Koregol, Dr. Ramesh B were the panellists and it was a very interactive session with fruitful discussions.







## **Live Robotic surgery workshop and Gynaecological Oncology**

BSOG with NH Mazumdar Shaw Medical centre organised Live Robotic workshop and session on Gynaecological Oncology on 9th & 10th June 2018.

It was a focussed workshop on 9th June at Narayana Hrudayalaya with a demonstration on pelvic and retroperitoneal anatomy . Eminent Robotics surgeons Dr. Yogesh Kulkarni and Dr. Anupama Rajababu were the operating faculty. The workshop was inaugurated by Dr.Devi Shetty.

It gave hands on feel for the delegates who were able to sit in the console by turns and move the operating arms of the Robot. About 30 delegates participated in the hands on session.

A Scientific session on Gynaecological Oncology was on 10th June conducted at Hotel Chancery Pavilion. The Highlights of the session was review of LACC Trial, Schauta radical hysterectomy for early ca cervix, HIPEC in ovarian cancer, gave insights into surgical management of cervical cancer

The poster features a light blue background with a subtle geometric pattern. At the top, there are four logos: Intuitive Surgical, a circular gold seal with a lamp, and the NH Mazumdar Shaw Medical Center logo. Below these is the word 'Invitation' in a cursive font. The main title 'Department of GYNECOLOGICAL ONCOLOGY' is in bold blue text. A blue diamond-shaped badge on the right indicates 'KMC CME 4 Credit Hours'. The central image shows robotic surgical arms with blue-tipped instruments. At the bottom, two boxes provide event details for Saturday, 9th June 2018 (Harold Varmus Auditorium) and Sunday, 10th June 2018 (Hotel Chancery Pavilion).

**INTUITIVE SURGICAL®**

**NH Mazumdar Shaw Medical Center**  
Unit of Narayana Health

*Invitation*

**Department of GYNECOLOGICAL ONCOLOGY**

**KMC CME 4 Credit Hours**

**Saturday, 9<sup>th</sup> June 2018**  
8 am - 4 pm  
Harold Varmus Auditorium  
7<sup>th</sup> Floor, Mazumdar Shaw Medical Center, NH Health City

**Sunday, 10<sup>th</sup> June 2018**  
8 am - 4 pm  
Hotel Chancery Pavilion  
Residency Road, Bengaluru



## PROGRAM

**Day 1: 09-06-2018 Harold Varmus Auditorium**  
 08:30 am - 09:00 am Registration/Breakfast  
 09:00 am - 09:30 am Welcome  
 09:30 am - 01:00 pm Live operative workshop  
 01:00 pm - 02:00 pm Lunch break  
 02:00 pm - 04:00 pm Video workshop/Hands on basic simulator training (for 30 participants)

**Day 2: 10-06-2018 Hotel Chancery Pavilion**

### **Key Topics to be covered**

- Imaging in Gynec cancers-a treating physicians perspective
- Minimal access surgery in cervical cancer: Recent evidence LACC trial.
- Neoadjuvant Chemotherapy in Cervical cancer-NACT cervix trial a journey.
- HIPEC-is there substantial evidence?
- PORTEC 3 trial
- Fertility preservation in Gynec cancers
- Concurrent chemoradiation in cervical cancer-CRACX trial

#### **National Faculty**



**Dr. Abraham Peedicayil**  
 CMC Hospital  
 Vellore

#### **National Faculty**



**Dr. Amita Maheshwari**  
 TATA Memorial Centre  
 Mumbai

#### **National Faculty**



**Dr. Anupama Rajababu**  
 Amrita Institute of Medical Sciences  
 Kochi

#### **National Faculty**



**Dr. Shylasree T S**  
 TATA Memorial Centre  
 Mumbai

#### **National Faculty**



**Dr. Sudeep Gupta**  
 TATA Memorial Centre  
 Mumbai

#### **National Faculty**



**Dr. U D Bafna**  
 Kidwai Memorial Institute of Oncology  
 Bangalore

#### **National Faculty**



**Dr. Umesh Mahantshetty**  
 TATA Memorial Centre  
 Mumbai

#### **National Faculty**



**Dr. Yogesh Kulkarni**  
 Kalyan Chirubha  
 Ambani Hospital, Mumbai





## **BSOG FOGSI CME ON CONTRACEPTION AND MTP**

Date: 15th July 2018

Venue : Hotel Lalit Ashok



Supported by



### **Bangalore Society of Obstetrics and Gynaecology presents**

**FOGSI-DKT CME Gyan-Varsha 2018  
At Hotel Lalit Ashok, 15<sup>th</sup> July 2018.**

Master of ceremony – Dr. Tara D

9.00 am	Registration and Tea	
9.15 am	Welcome address	
9.20 – 10.10 am	Session - 1	<u>Chairpersons:</u> Dr. Gomathy Narayan, Dr. Nagarathnamma R
9.20 – 9.40 am	Overview of unmet Contraceptive need and concept of MEC	Dr. Vijaykumar C R
9.45 – 10.05 am	Contraception prevalence and CPR in Karnataka	Dr. Rajkumar
10.10 – 11.25am	Session - 2	<u>Chairpersons:</u> Dr. Indira Reddy, Dr. Arulmozhi Ramarajan
10.10-10.30 am	MVA – the gold standard for MTP	Dr. Bharati Maheshwari
10.35-10.55am	Role of LNG-IUS in treatment of various uterine bleeding disorders	Dr. Yashodhara Pradeep
11.00 -11.20 am	Contraceptive and treatment benefits of OCPs	Dr. Shobha N Gudi
11.25 -11.45 am	Tea Break	
11.45 – 12.30 noon	Panel discussion - Contraception – a game changer for a healthy society  <u>Moderator</u> – Dr. Yashodhara Pradeep	<u>Panelists:</u> Dr. Sheela V Mane, Dr. Shubha Rama Rao, Dr. Shirley George, Dr. Sujani B K
12.30-1.15pm	Panel Discussion – Medicolegal aspects of MTP  <u>Moderator</u> – Dr. Bharati Maheshwari	<u>Panelists:</u> Dr. Jyothi G S, Dr. Chandrika Muralidhar, Dr. Padmaja P, Dr. Thejavathy G V
1.00 pm	Vote of thanks	
	LUNCH	



A Scientific session on Contraception and MTP was conducted under the aegis of FOGSI. Around 87 delegates and faculty participated.

Dr. Bharathi Maheshwari, Chairperson MTP Committee delivered a talk on MVA – the gold standard for MTP, Dr. Yashodhara Pradeep, Chairperson Family planning committee delivered a talk on Role of LNG-IUS in treatment of various uterine bleeding disorders. A panel discussion on contraception and Medico legal aspects of MTP conducted by Dr. Bharathi Maheshwari and Dr Yashodhara Pradeep was highly interactive.

ICOG certificate was issued to all participants.





**4th and 5th of August 2018 - RESOLVE INFERTILITY" & HANDS ON WORKSHOP ON INFERTILITY**

**3rd international conference, BSOG in association with Bangalore Baptist Hospital and IMA**



# RESOLVE INFERTILITY

Hands on Workshop on Infertility

## 3<sup>rd</sup> INTERNATIONAL CONFERENCE On Infertility Related Issues Association with BSOG and IMA



### International Speakers

Dr. Jothi Kumar - Singapore  
Dr. Pankaj Srivastav - Dubai  
Dr. Herman Fernandes - Australia

### DATE:

Work shop  
4th August 2018 - TVOR / Semen  
preparation for IUI / Laparoscopic suturing

International Conference  
5th August 2018

### VENUE:

SMRITHI - Auditorium  
Bangalore Baptist Hospital  
Hebbal, Bengaluru - 24

### Organising Chairperson

Dr. Korula George MD MRACOG  
Professor and Head  
Reproductive Medicine Department  
Bangalore Baptist Hospital

### Co Chair person

Dr Shobha Gudi MD  
President BSOG 2018

### Contact Details

Organising Secretary - Mr. Davidson  
Contact number: +91 9449862627  
Email: rmuresolve@gmail.com

Online Registration Form - <http://www.bbhh.org.in/special-event-conference>

**Last date of registration July, 31st 2018**

**Awarded 4 KMC Credit Points**



## An Infertility session and workshop was conducted in association with Bangalore Baptist Hospital







## Scientific Session and BSOG 50th year –GOLDEN JUBILEE celebrations.



"Nurture the future"

### Dr. Ratnabai Morey Memorial Day – BSOG BIRTHDAY CELEBRATION

14<sup>TH</sup> AUGUST 2018

Hotel Le Meridien, Bengaluru

Seasons' Greetings from BSOG office.

Rains are abundant and so is sunshine in Bengaluru. The weather is conducive for yet another coming together of minds and hearts to celebrate the most auspicious event of the year.

It stands to record that our esteemed organisation Bangalore Society of Obstetrics and Gynaecology has completed 50 glorious years. It is therefore called for, that we celebrate Dr.Ratnabai Morey Memorial day and the Golden Jubilee Birthday on 14<sup>th</sup> August 2018 at Hotel Le Meridien, in a befitting manner in the memory of the dear presidents who are no more with us and acknowledge in person the valuable contribution of all other past presidents.

We extend a warm welcome to every caring BSOGian to come and be a part of this joyous celebration.

1.00-1.40 pm – Lunch

Master of Ceremony – Dr. Shirley George

Welcome address		Dr. Shubha Rama Rao
Young Talent Oration Session - 1 1.40-2.00 pm		<u>Chairpersons:</u> Dr. Krishna L, Dr. Shobha N Gudl,
B J Lingegowda- Leelavathi Award	How to set up IVF Lab	<u>Speaker:</u> Dr. Shilpa G B
Session 2 2.00-2.45 pm The Beginnings of new life		<u>Chairpersons:</u> Dr. Vidya V Bhat, Dr. Chandrika Muralidhar, Dr. Padmini Prasad

held @ Hotel Le Meridian, Bangalore

	Immunomodulatory effect of progesterone in pregnancy	<u>Speaker:</u> Dr. Sundari N
	Feto maternal cross talk in pregnancy	<u>Speaker:</u> Dr. Jaya Narendra
	Pregnancy in PCOS – How Different is it?	<u>Speaker:</u> Dr. Nagarathnamma R
<b>Session 3</b> <b>2.45-3.30 pm</b>	<u>Panel Discussion:</u> Medico Legal Angle of screening in pregnancy for Fetal Aneuploidies and Anomalies	<u>Moderator:</u> Dr. Hitesh Bhatt & Dr. Pratima Radhakrishnan <u>Panelists:</u> Dr. Latha Venkataram, Dr. Gayathri Karthik, Dr. Jayanthi T, Dr. Savitha C, Dr. Preeti Venkatesh, Dr.Chitra Ganesh
<b>Session 4</b> <b>3.30-4.15 pm</b>	<b>BSOG Golden Jubilee Birthday Celebration – The Glorious 50 years</b>	<b>"Down memory Lane" by Past presidents</b>
<b>4.15 PM</b>	Vote of Thanks	Dr. Shirley George

It stands to record that our esteemed organisation Bangalore Society of Obstetrics and Gynaecology has completed 50 glorious years.

The day was celebrated as Dr.Ratnabai Morey Memorial day and the Golden Jubilee Birthday on 14th August 2018 at Hotel Le Meridien, in a befitting manner

All presidents who are no more with us and the valuable contribution of all other past presidents were acknowledged in person

It started with a short scientific session with Young Talent Oration and other scientific deliberations by Dr. Sundari, Dr. Jaya Narendra, and Dr.Nagarathnamma R, followed by a panel by Dr. Hitesh Bhatt and Dr. Prathima Radhakrishna.

It was overall a dedication to all the past presidents and senior members of BSOG.

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- Obstetrics and Gynaecology has completed 50 glorious years.
- The day was celebrated as Dr.Ratnabai Morey Memorial day and the Golden Jubilee Birthday on 14th August 2018 at Hotel Le Meridien, in a befitting manner
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- It was overall a dedication to all the past presidents and senior members of BSOG.















PICSEP Workshop on Research Methodology –FOSGI –BSOG-JOGI held at  
**Bangalore Medical College**

<b>9.15 - 10.15 am</b>	<b>Session 1 - Introduction to scientific research</b>	Chairpersons: DR. Jyothi G S, Dr. Savitha C, Dr. Thejavathy G V
<b>9.15 – 9.30 am</b>	Basics of research, stages and types of Research Methodology	Dr. Nandakumar
<b>9.30 – 9.45 am</b>	The need for evidence based medicine	Dr. Srinivas K
<b>9.45 – 10.00 am</b>	How to Write the Thesis”.	Dr. Geetha Balsarkar
<b>10.00 – 10.15 am</b>	Interaction	
<b>10.15-11.15 am</b>	<b>SESSION – 2 - Studies , Reviews, Ethics and EBM</b>	Chairpersons: Dr. Dharamvijay, Dr. Jyothika Desai Dr. Vijay Kumar Koravi
<b>10.15 – 10.30 am</b>	Types of studies and reviews –Fundamentals of Methodology	Dr. Nanda Kumar
<b>10.30 – 10.45 am</b>	How should research translate to EBM	Dr. Shobha N Gudi
<b>10.45 – 11.00 am</b>	Ethics in medical research	Dr. Umadevi K,
<b>11.00 – 11.15 am</b>	Interaction	
<b>11.15-11.30 am</b>	<b>coffee break</b>	
<b>11.30-12.30 am</b>	<b>Session 3 - Bio Statistical issues in Medical Research</b>	Chairpersons: Dr. Sunanda Kulkarni Dr. Srinivas K Dr. Vijay Kumar C R
<b>11.30 – 11.45 am</b>	Statistical method simplified	Dr Mariamma Philip

11.45 – 12.00noon	Statistical issues in medical research	Dr. Ramesh
12.00 – 12.15 pm	Statistical Treatment of data	Dr Mariamma Philip
12.30 – 1.30 pm	<b>SESSION – 4 – The finer aspects of research methodology and Clinical Audit</b>	Chairpersons:  Dr. Shobha N Gudi  Dr. Nagarathnamma R  Dr. Padmasri R
12.30 – 12.45 pm	Understanding Audit and place of clinical audits in medical research	Dr. Shankar Prasad
12.45 – 1.00 pm	Identification of research problem and formulation of research objectives and hypothesis	Dr Avita Johnson
1.00 – 1.15 pm	Review of Literature: Importance and relevance (use of e-resources) and Designing of a questionnaire	Dr. Preetesh
2.15- 4.30 pm	<b>WORKSTATIONS FOR RESEARCH METHOLOGY</b>	
	Workshop Coordinators	Dr. Vijaykumar C R  Dr. Tara D
	Workshop Faculty	Dr. Preetesh,  Dr. Girish,  Dr. Avita Johnson
<b>Station -1</b>	Critical reading of journal and writing a report	- Objectives / Methodology  - Bio statistics  - Discussions
<b>Station – 2</b>	Designing clinical study or PG Thesis	- Thesis  - Guide's role  - Time management  - Review of literature

<b>Station – 3</b>	Critical evaluation of an article submitted for publication	<ul style="list-style-type: none"> <li>- What the author can do</li> <li>- Editorial process and peer review</li> <li>- Practical demonstration</li> </ul>
<b>4.30 – 4.45 pm</b>	Presentation of groups with expert panel comments	
<b>4.45-5.00 pm</b>	<b>Valedictory</b>	

It was a privilege to conduct FOGSI – JOGI PICSEP WORKSHOP on 1st September 2018. We are happy to inform you that we had 171 registration with full attendance till the end of the session.

- As is evident in the program we have comprehensively covered all aspects of research methodology including clinical audit. There was hands on workshops in the afternoon when delegates could access internet for literature review and data processing.
- The program started sharp at 9.am with brief inaugural ceremony and lamp lighting. Dr Rajkumar Deputy Director of Maternal Health, kindly consented to be our chief guest. The dean of Bangalore Medical College, Dr. Satish also joined us briefly.
- Dr.Geeta Balsarkar could effectively deliver the lecture on thesis writing for post graduates. It was very well received. The faculty Dr. Nandakumar, Dr. Preetesh, Dr. Avita, Dr. Mariamma, Dr. Ranganath, Dr. Shankarprasad, Dr. Murali Subramaniam had come from different institutions from Bangalore to speak on basics and final aspects of research, biostatistics, reviewing literature, Clinical Audit. Article publication etc., All the deliberations were well understood and highly appreciated. Certificates were issued with credit points from ICOG.
- Bangalore Society of Obstetrics and Gynaecology is very thankful to FOGSI for this unique opportunity.

Many thanks to ICOG for issuing credit points at short notice.













Presents



**SPEAKER:**

**Dr. Alessandro D. Genazzani**

- Alessandro Genazzani is Chief of the Section of Gynecological Endocrinology, Department of Obstetrics and Gynecology, University of Modena, Italy. He has a Degree in Endocrinology (1986), in Obstetrics and Gynecology (1990), PhD on "Human psychobiology" in 1994.
- He has worked as an Associate Professor at the Dept of Ob/Gyn, University of Modena, Italy. Now working as a Chief of the Section of Gynecological Endocrinology, Department of Obstetrics and Gynecology, University of Modena, Italy, since January 1st, 1989.
- Prof. Genazzani is author or co-author of 200 original papers on international peer reviewed journals and editor/co-editor of 14 scientific volumes, he is serving as an editorial board member of reputed international journals and reviewer of more than 15 journals.
- At present is member of several Scientific Societies such as Endocrine Society, IBS, AGUI, ISGE. He is the President of AIGE (Assoc Italiana di Ginecologia Endocrinologica), the Scientific Director of AIGE School and the Editor-in-Chief of the AIGE Bulletin on-line (<http://www.bollettinoginecologia.it/>). At present Prof. Genazzani is the secretary of the Post Doc School in Obstetrics and Gynecology, University of Modena, Italy.
- Prof. Alessandro Genazzani's research areas are: neuroendocrine/endocrine control of reproduction, hypothalamic dysfunctions, PCOS, obesity,



**BANGALORE SOCIETY OF OBSTETRICS & GYNAECOLOGY**  
in Association with Sun Pharma  
presents

**Inositols as putative integrative  
treatment for PCOS**

By

**Dr. Alessandro D. Genazzani**

**And management of Chronic Pelvic Pain**

**1.00 – 2.00 pm lunch**

**2.00 pm**

**Welcome address: Dr. Shobha N Gudi**  
**Chairpersons: Dr. Jaya Narendra,**  
**Dr. Padmal Isaac, Dr. Shobha N Gudi**

**2.00-2.30 pm**

**Inositols as putative integrative treatment for  
PCOS – Dr. Alessandro D Genazzani**

**2.30 – 2.45 pm**

**Interaction**

**2.45 – 3.15 pm**

**Neuro pelveology – the clinical applications –  
Dr. Ramesh B**

**3.15 – 4.00 pm**

**Stump the experts**  
**Moderator - Dr. Shobha N Gudi**  
**Experts: Dr. Ramesh B, Dr. Latha Venkataram,**  
**Dr. Vidya V Bhat, Dr. Gayathri Kamath,**  
**Dr. Nandimidevi H R**







## ISP Program on Pre Eclampsia Date: 24th September 2018 Venue: Chancery Pavilion



**Come, join the march against  
Pre-Eclampsia**

We cordially invite you to  
An international speaker program on  
"Biomarker driven Pre-Eclampsia management"

A collaborative effort between Bangalore  
Society of Obstetrics and Gynaecology (BSOG),  
Anand Diagnostic Laboratory-  
Bangalore and Thermo Fisher Scientific



**International speaker  
Dr. Pavel Calda**

HOD & Professor of the Fetal Medicine  
Centre-Prague, Czech Republic

Dr. Calda's Clinical interest include prenatal  
diagnostics, ultrasound imaging and foetal therapy

Dr. Calda has numerous publications with more than  
100 scientific papers, several books and chapters

Program Agenda- Biomarker driven preeclampsia Management	
6:30 PM - 7:00 PM	Welcome and Registration
Session 1 7:00 PM - 7:30 PM	"Prediction & Prevention of Pre-Eclampsia through first trimester screening" Dr. Pavel Calda
Session 2 7:35 PM - 8:10 PM	"Pre-Eclampsia-Improved Diagnosis & Prognosis through sFlt-1/PlGF ratio" Dr. Pavel Calda
8:10 PM - 8:30 PM	Clinical panel discussion on Indian perspective Chairpersons - Dr. Shobha Gudi, BSOG President Dr. Sheela V. Mane
BSOG Clinical Expert Panel Dr. Geetha Shankhag, Dr. Jyothi G.S, Dr. Anumochi R, Dr. Adinarayan Makam, Dr. Prakash Kini, Dr. Prakash Mehta, Dr. Veena Acharya, Dr. Pavel Calda	



## Scientific Session on Preterm Labour -October 2<sup>nd</sup> 2018



### FOGSI, BSOG, & SUN SENORA

*Cordially invite you for  
scientific session on*

**Preterm Labor Summit**

*(Scientific Program)*



1.00.pm      **Lunch**  
1.30.pm      **Registration**  
1.50.pm      **Welcome Address- Dr Jyothi. G.S**

<b>TIME :</b> 2.00 – 2.45 PM	<b>SESSION -1</b> <b>Preterm Labor : The Latest Update</b>	<b>CHAIRPERSONS</b> Dr.Chandrika Muralidhar, Dr. Shubha Rama Rao, Dr. Sujani B K
<b>TIME :</b> 2.00 – 2.15 PM	<b>Prediction and overview of Preventive strategies</b>	<b>Dr. Ashakiran T R</b>
<b>TIME :</b> 2.15 – 2.30 PM	<b>Role of Newer Micronised progesterone in medical management of preterm labour</b>	<b>Dr. Pratima Mittal,</b> (Vice President, FOGSI)
<b>TIME :</b> 2.30 – 2.45 PM	<b>Tocolytic agents – Traditional &amp; newer role &amp; limitations</b>	<b>Dr. Suvarna R</b>
<b>TIME :</b> 2.45 – 3.30 PM	<b>SESSION-2</b> <b>Panel Discussion – Case based clinical scenarios</b>	<b>MODERATOR</b> Dr. Shobha N Gudi <b>PANELISTS</b> Dr. Pratima Mittal Dr. Jyothi G S Dr. Meena Muthiah Dr. Srinivas K Dr. Shanthala Dr. Shashikala Karanth
<b>TIME :</b> 3.30 – 4.30 PM	<b>BSOG Annual General Body meeting &amp; Elections</b>	
<b>TIME :</b> 4.30 PM	<b>Vote of Thanks</b>	<b>Dr. Shirley George</b>









## ***Fitness for fraternity : CME on diet***

### ***physical fitness***

**16<sup>th</sup> December 2018, KMC Auditorium.**

#### Session Details

10. 00 – 10. 20 am	'Be Your Own Doc' - Healthy Living Through Evidence-based Naturopathy and Yoga	Dr. Achyuthan Eshwar
10.20 – 10.30 am	Interaction	
10.30 – 10.45 am	Healthy Snack Break	
	Warm up exercises – Zumba Dance	
10. 45 – 11.30am	Strength and balance training with take home exercises	Dr. Aarthi Prasad & Dr. Nirmala
12.00 – 1.00 pm	<b>BSOG Extra Ordinary General Body meeting and Election for the post of Jt. Treasurer 2019-20</b>	
1.00 pm	Lunch	

Dr. Shobha N Gudi  
President, BSOG  
Hon.Secretary, BM5

Dr. Jyothik A Desai  
President, BM5

Dr. Jyothi G S  
Hon.Secretary, BSOG







## **FOGSI – FAMILY WELFARE COMMITTEE PROGRAM**



### **Bangalore Society of Obstetrics & Gynaecology and Family Welfare Committee FOGSI**

**Presents**

## **FREEDOM FROM CONCEPTION**

**VENUE : THE RITZ - CARLTON**

**99, Residency Rd, Shanthala Nagar, Ashok Nagar, Bengaluru -560 025.**

**Date : 19<sup>th</sup> FEBRUARY 2019**

1.00 pm – 2.00 pm	Lunch	
2.00 pm	Welcome	Dr. Jyothi G S
2.00 pm – 3.15 pm	Panel Discussion Contraceptive choices for the modern woman	Moderator: Dr. Shobha N Gudi Panelists: Dr. Jyothika A Desai Dr. Jyothi G S Dr. Susheela Rani B S Dr. Jayanthi T Dr. Shirley George
3.20 - 3.40 pm	Benefits beyond Pregnancy free days	Dr. Shobha N Gudi Chairperson: Dr. HemaDivakar Dr. Sheela V Mane Dr. Gomathy Narayanan
3.40 – 4.10 pm	Interaction	
4.15 pm	Vote of thanks	Dr. Shirley George

The following programme is brought to you by



**“Freedom from Conception”**

**Date: 19th February 2019**

**Venue: Hotel Ritz Carlton.**





# Live Office hysteroscopy and Infertility Workshop



**SAGAR  
CHANDRAMMA  
HOSPITALS**  
Woman, Mother & New Born Care



**Topic:** Live Workshop on OFFICE HYSTEROSCOPY AND INFERTILITY UPDATE

**VENUE:** SAGAR CHANDRAMMA HOSPITALS, BASAVANGUDI, BENGALURU

**Date:** 24<sup>TH</sup> FEBRUARY 2019

8.00am	<b>REGISTRATION &amp; BREAKFAST</b>	
<b>Session 1</b>  8.30am to 10.30 am	Live workshop on office Hysteroscopy <i>Proposed Cases...</i> Infertility, AUB, Post-Menopausal bleeding, RCL, Etc.,	<b>Faculty:</b> Dr Thenmozhi Dr Vidyamani L <b>Co-ordinators :</b> Dr Shobha Gudi Dr Jyothi GS
10.30am to 11.00 am	<b>Inauguration...</b> Lamp lighting & Prayer Introduction – Practice Management software for Obstetrics & Gynaecology	
<b>Session 2</b>  11.00am to 12.00pm	Panel discussion - Basic approach to Infertile couple : Stepping stones towards ART	<b>Moderator-</b> Dr Vidyamani L <b>Expert:</b> Dr Korula George <b>Panelists :</b> Dr Indira C Reddy Dr Ashwini Gowdra Dr Uma Maheshwari Dr Rashmi Swaroop Dr. Shubha Rama Rao
<b>Session 3</b>  12.00pm to 1.00 pm	Panel discussion : Low cost IVF	<b>Moderator –</b> Dr Korula George <b>Panellists:</b> Dr Santosh Gupta Dr Rupa Dr Nagesh Dr Varsha Dr. Divyashree
1.00pm to 1.15pm	Audience Interaction , Faculty felicitation, Votes of Thanks,	
1.15 pm	<b>Lunch</b>	

- Live Office hysteroscopy and Infertility Workshop was conducted on 24<sup>th</sup> FEBRUARY 2019 at Sagar Chandramma Hospital. 8 cases of different variety was demonstrated in hysteroscopy workshop by experts Dr. Then Mozhi and Dr Vidyamani. Which was cordinated by Dr. Shobha Gudi and Dr. Jyothi GS This was followed by a panels on Infertility moderated by Dr. Shobha Gudi



# ADOLESCENT PCOS – 30<sup>TH</sup> MARCH 2019

## Program

1.00 – 2.00 pm	<b>Registration and Lunch</b>
2.00 – 3.45 pm	<b>Session 1 - Diagnosis and Management</b> <i>Chairpersons: Jyoti GS, Pushpa Srinivas</i>
2.00 – 2.20 pm	<i>Diagnosis and investigations in Adolescent PCOS – Madhuri Patil</i>
2.20 – 2.40 pm	<i>Is insulin resistance common in adolescent PCOS? – Vageesh Ayyar</i>
2.40 – 3.00 pm	<i>Lifestyle is the best method to manage adolescent PCOS – Shilpa Joshi</i>
3.00 – 3.20 pm	<i>Role of OCPs in the treatment of adolescent PCOS – Reena Wani</i>
3.20 – 3.45 pm	<b>Discussion</b>
3.45 – 5.15 pm	<b>Session 2 - Addressing obesity, cosmetic and Psychological issues</b> <i>Chairpersons: Indira Reddy, Nagarathnamma</i>
3.45 – 4.00 pm	<i>How important is cognitive behavioral therapy in adolescent PCOS? – Uttara Chari</i>
4.15 – 4.30 pm	<i>Pharmaco-therapy - Is there a role in adolescent PCOS? – Ganpathi B</i>
4.30 – 4.45 pm	<i>Surgery for obesity – Is there a role? – Rajsekhar Nayak</i>
4.45 – 5.00 pm	<i>Cosmetic measures in adolescent PCOS - How useful are they? – Rasya Dixit</i>
5.00 – 5.15 pm	<b>Discussion</b>
5.15 – 6.00 pm	<b>PANEL DISCUSSION – Integrated team approach for the PCOS Teen</b>
<b>Moderator:</b>	<b>Shobha Gudi</b>
<b>Panelists:</b>	<b>Anantharaman Ramakrishnan, Ganapathi B, Madhuri Patil, Rajsekhar Nayak, Rasya Dixit, Shilpa Joshi, Uttari Chari, Reena Wani</b>



A CME on PCOS in Adolescents was organised in association with PCOS Society at Hotel Taj Vivanta

PCOS affects women at all stages of life, hence this CME was dedicated to the adolescent group who have a lot of body image issues along with mood disorders. As gynaecologists, we are the primary care physicians and encounter the adolescent girl with PCOS first. Experts from various disciplines addressed the gathering with different issues.

It was well attended by 120 delegates.





**CPD – Laparoscopic Surgery in Gynaecology held @ BMC Skills Lab =  
24<sup>th</sup> April 2018**

17 registrations received for Unlearn to Relearn- Laparoscopy Surgery on 24th April. It was conducted at BMCRI Skills lab which provided 10 pelvi trainers.

Lectures were given by Dr.Shobha N Gudi and Dr. Vidya V Bhat briefing about basics of Laparoscopy and TLH. 12.00 pm to 3.30 pm onwards training pelvic trainers conducted. Certificates were distributed to all the participants.









## ADVANCED CPD ON LAPAROSCOPY





CPD PROGRAM – I TRIMESTER – 8<sup>TH</sup> MAY 2019 AT Bangalore Fetal Medicine  
centre, Indiranagar, Bengaluru



## QUIZ ACTIVITIES

### **Quiz for Yuva FOGSI 2018**

**25<sup>th</sup> August 2018**

**Venue: API Bhavana**

1st Prize – Dr. Smitha V Murthy from Chinmaya Mission Hospital

2nd Prize – Dr. Vasumathi Pasupulete from Manipal Hospital

3rd Prize – Dr. Archana Kaveri from St. Philomenas Hospital

4th Prize – Dr. Spandana S from CSI Hospital

5th Prize – Dr. Syeda Bushera Bano from Chinmaya Mission



### **Quiz for YUVA FOGSI 2019**

**17<sup>th</sup> February 2019**

**Venue: KMC Auditorium**

Dr. SPANDANA from CSI. 1st prize

DR SPOORTY. from KC General Hospital. 2nd prize





## Quiz for Undergraduates

28<sup>th</sup> March 2019

Venue: Mahaveer Jain Hospital auditorium

Winners:

BMC Students





## ***Society publications and/or articles by members***

Publications and articles related to Women's Health

*Society publications and/or articles by members*

**Dr. Prathima Radhakrishna**

**1. Performance of Common Down Syndrome Screening Methods Used in India with Construction of an Indian Normogram for Nuchal Translucency/Crown-Rump Length Measurements in 14,337 Subjects; January 2019; Journal of Obstetrics and Gynecology of India; DOI: 10.1007/s13224-018-1196-3**

Dr. Mahesh Koregol & Dr. Soumya Mahesh

CHAPTERS WRITTEN IN TEXTBOOKS

2. Wrote a Chapter on "Declining Fertility" in Text book " Principles and Practice of ASSISTED REPRODUCTIVE TECHNOLOGY" Edited by Dr.Kamini A Rao. Published in 2018

3. Wrote a chapter on "Endometriosis, Adenomyosis and Fibroids" in Text book " Principles and Practice of ASSISTED REPRODUCTIVE TECHNOLOGY" Edited by Dr.Kamini A Rao. Published in 2018

4. Wrote a chapter on Intrauterine Fetal Demise (IUFD) in hand book of obstetric emergencies edited by Dr.Kamini A Rao (Yet to be published soon)

5. Laparoscopic management of ovarian dermoid cysts in young and adolescents women

Dr. Vidya V Bhat and Dr. Yoga Lakshmi SK

International Journal of Clinical Obstetrics and Gynaecology

2019, Vol. 3, Issue 1, Part A

6. THE ROLE OF HYSTEROSCOPY USED AS A DIAGNOSTIC TOOL IN THE EVALUATION OF POSTMENOPAUSAL BLEEDING AND ITS MANAGEMENT STRATEGIES.

Dr. Vidya V Bhat and Dr. Yoga Lakshmi SK

7. PARIPEX - INDIAN JOURNAL OF RESEARCH. Volume-7 | Issue-10 | October-2018 | ISSN - 2250-1991 | IF : 6.761 | IC Value : 86.18.

8. CHANGING TRENDS IN INCIDENCE OF URETERIC INJURY IN DIFFICULT TOTAL LAPAROSCOPIC HYSTERECTOMIES AFTER RETROPERITONEAL URETERIC DISSECTION: OUR 12 YEARS EXPERIENCE

IOG, Vol 8 No 3 (2018)

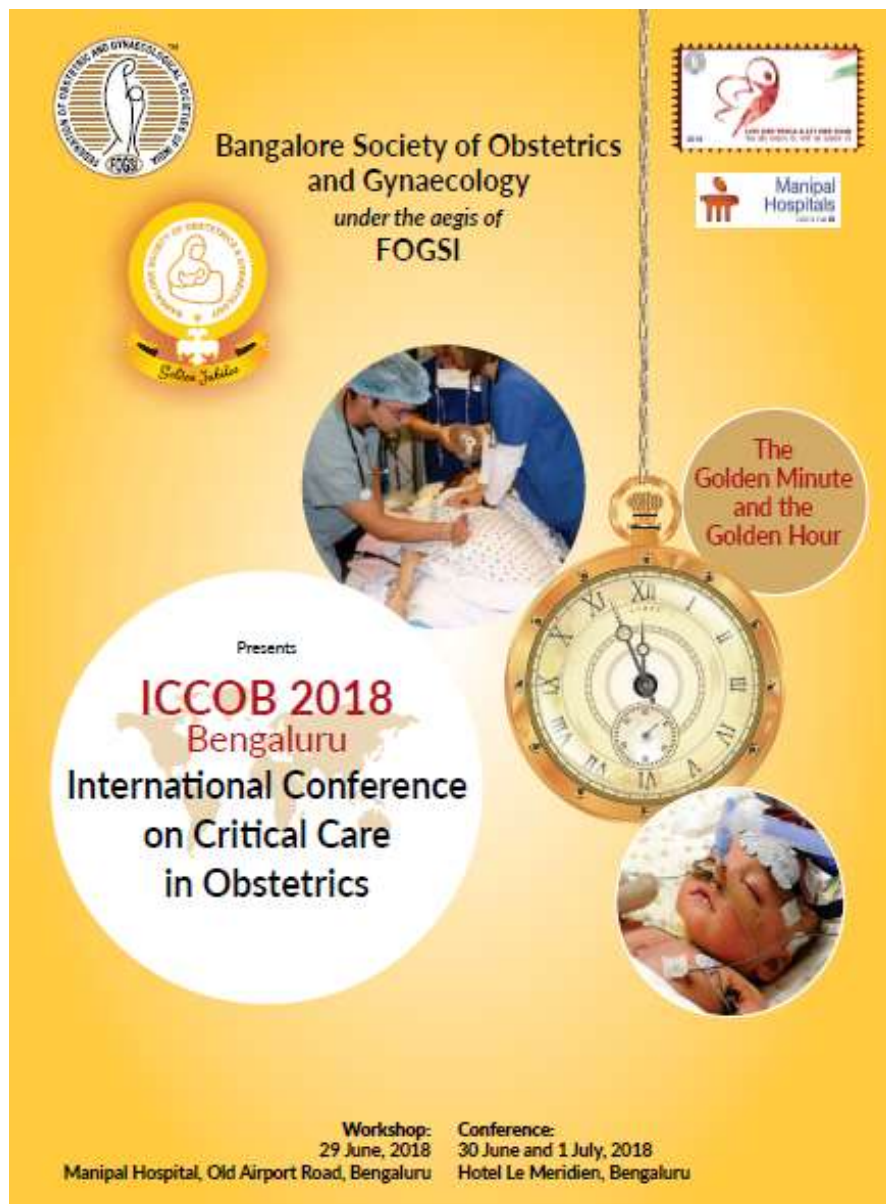
Dr. Rutuja Athawale, Dr. Vidya V. Bhat, Dr. Archana Kori

## Participation in FOGSI programmes and partnership with FOGSI Committees

### *Conduct of FOGSI workshops and activities with the various committees*

## ICCOB - 29<sup>th</sup> June 30<sup>th</sup> June, 1<sup>st</sup> July 2018

International Critical Care conference on Obstetrics under the aegis of FOGSI



The poster for ICCOB 2018 Bengaluru features a yellow background. At the top left is the FOGSI logo. To its right is the text "Bangalore Society of Obstetrics and Gynaecology under the aegis of FOGSI". Further right is a stamp-like logo with a red bird and the text "Manipal Hospitals". Below the FOGSI logo is a circular logo with a woman and child, labeled "Sobha Sathya". In the center is a circular image of a doctor attending to a patient in a hospital bed. To the right of this is a large pocket watch with Roman numerals. Above the watch is a circular badge with the text "The Golden Minute and the Golden Hour". Below the watch is a circular image of a newborn baby. At the bottom, a white circle contains the text "Presents ICCOB 2018 Bengaluru International Conference on Critical Care in Obstetrics". At the very bottom, two columns of text provide the dates and locations for the workshop and conference.

**Bangalore Society of Obstetrics and Gynaecology**  
under the aegis of  
**FOGSI**

**Manipal Hospitals**

**The Golden Minute and the Golden Hour**

Presents  
**ICCOB 2018**  
Bengaluru  
International Conference  
on Critical Care  
in Obstetrics

Workshop:  
29 June, 2018  
Manipal Hospital, Old Airport Road, Bengaluru

Conference:  
30 June and 1 July, 2018  
Hotel Le Meridien, Bengaluru

# PICSEP WITH JOGI - 1<sup>st</sup> September 2018

Organised under aegis of FOGSI JOGI



## FOGSI- BSOG- JOGI PICSEP WORKSHOP

(Programme for Inculcating the Culture of Scientific Enquiry & Pursuit)

1<sup>st</sup> September 2018

Venue: Hemavathi Hall, Ground Floor, New BMCRI building, Bangalore Medical College, Bengaluru



9.00- 9.15 am

Inauguration

**ICOG has  
GRANTED 5  
CREDIT POINTS**

9.15 - 10.15 am	<b>Session 1 - Introduction to scientific research</b>	Chairpersons: DR. Jyothi G S, Dr. Savitha C, Dr. Thejavathy G V
9.15 - 9.30 am	Basics of research, stages and types of Research Methodology	Dr. Nandakumar
9.30 - 9.45 am	The need for evidence based medicine	Dr. Srinivas K
9.45 - 10.00 am	How to Write the Thesis"	Dr. Geetha Balsarkar
10.00 - 10.15 am	Interaction	
10.15-11.15 am	<b>SESSION - 2 - Studies , Reviews, Ethics and EBM</b>	Chairpersons: Dr. Dharamvijay, Dr. Jyothika Desai Dr. Vijay Kumar Koravi Dr. Nanda Kumar
10.15 - 10.30 am	Types of studies and reviews – Fundamentals of Methodology	
10.30 - 10.45 am	How should research translate to EBM	Dr. Shobha N Gudi
10.45 - 11.00 am	Ethics in medical research	Dr. Umadevi K,
11.00 - 11.15 am	Interaction	
11.15-11.30 am	coffee break	
11.30-12.30 am	<b>Session 3 - Bio Statistical issues in Medical Research</b>	Chairpersons: Dr. Sunanda Kulkarni Dr. Srinivas K Dr. Vijay Kumar C R Dr. Mariamma Philip
11.30 - 11.45 am	Statistical method simplified	
11.45 - 12.00noon	Statistical issues in medical research	Dr. Ramesh
12.00 - 12.15 pm	Statistical Treatment of data	Dr. Mariamma Philip
12.30 - 1.30 pm	<b>SESSION - 4 - The finer aspects of research methodology and Clinical Audit</b>	Chairpersons: Dr. Shobha N Gudi Dr. Nagarathnamma R Dr. Padmasri R
12.30 - 12.45 pm	Understanding Audit and place of clinical audits in medical research	Dr. Shankar Prasad
12.45 - 1.00 pm	Identification of research problem and formulation of research objectives and hypothesis	Dr. Avita Johnson
1.00 - 1.15 pm	Review of Literature: Importance and relevance (use of e-resources) and Designing of a questionnaire	Dr. Preetesh
1.30-2.15 pm	Lunch	
2.15- 4.30 pm	<b>WORKSTATIONS FOR RESEARCH METHODOLOGY</b>	
	Workshop Coordinators	Dr. Vijaykumar C R Dr. Tara D
	Workshop Faculty	Dr. Preetesh, Dr. Girish, Dr. Avita Johnson
Station -1	Critical reading of journal and writing a report	- Objectives / Methodology - Bio statistics - Discussions
Station - 2	Designing clinical study or PG Thesis	- Thesis - Guide's role - Time management - Review of literature
Station - 3	Critical evaluation of an article submitted for publication	- What the author can do - Editorial process and peer review - Practical demonstration
4.30 - 4.45 pm	Presentation of groups with expert panel comments	
4.45-5.00 pm	<b>Valedictory</b>	<b>ICOG has GRANTED 5 CREDIT POINTS</b>

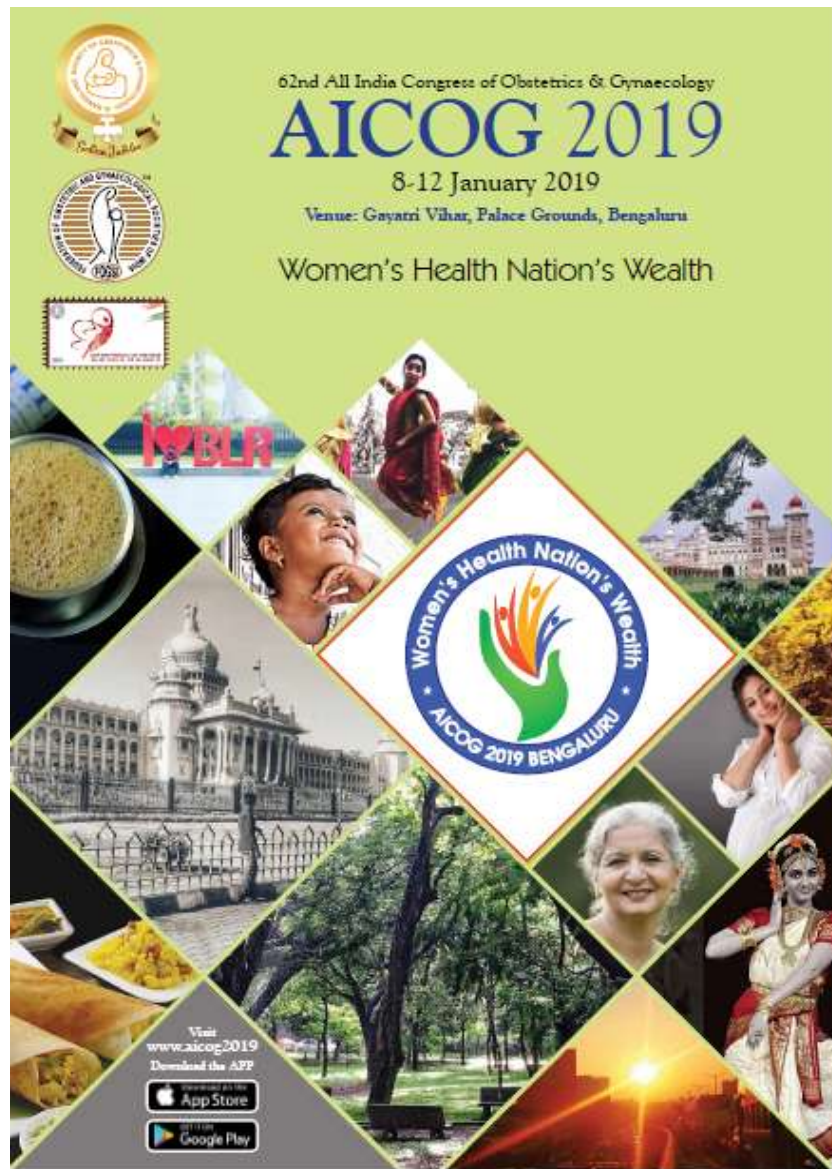


**AICOG - 8<sup>th</sup> – 12<sup>th</sup> January 2018**

**AICOG - 8<sup>th</sup> – 12<sup>th</sup> January 2018**


62<sup>ND</sup> All India Congress on Obstetrics and Gynaecology hosted by Bangalore Society of Obstetrics and Gynaecology.

12 workshops



- 19<sup>th</sup> February 2019 – Freedom from Conception

In association with FAMILY WELFARE committee



**Bangalore Society of Obstetrics & Gynaecology**  
and  
**Family Welfare Committee FOGSI**  
Presents  
**FREEDOM FROM CONCEPTION**  
VENUE : THE RITZ - CARLTON  
99, Residency Rd, Shanthala Nagar, Ashok Nagar, Bengaluru -560 025.  
Date : 19<sup>th</sup> FEBRUARY 2019

1.00 pm – 2.00 pm	Lunch	
2.00 pm	Welcome	Dr. Jyothi G S
2.00 pm – 3.15 pm	Panel Discussion Contraceptive choices for the modern woman	Moderator: Dr. Shobha N Gudi Panelists: Dr. Jyothika A Desai Dr. Jyothi G S Dr. Susheela Rani B S Dr. Jayanthi T Dr. Shirley George
3.20 - 3.40 pm	Benefits beyond Pregnancy free days	Dr. Shobha N Gudi Chairperson: Dr. HemaDivakar Dr. Sheela V Mane Dr. Gomathy Narayanan
3.40 – 4.10 pm	Interaction	
4.15 pm	Vote of thanks	Dr. Shirley George

The following programme is brought to you by



**Inca Life Sciences**  
a SUN PHARMA division

## MTP COMMITTEE - 15<sup>th</sup> July 2018

presents  
FOGSI-DKT CME Gyan-Varsha 2018  
At Hotel Lalit Ashok, 15<sup>th</sup> July 2018.

Master of ceremony – Dr. Tara D

9.00 am	Registration and Tea	
9.15 am	Welcome address	
9.20 – 10.10 am	Session - 1	<u>Chairpersons:</u> Dr. Gomathy Narayan, Dr. Nagarathnamma R
9.20 – 9.40 am	Overview of unmet Contraceptive need and concept of MEC	Dr. Vijaykumar C R
9.45 – 10.05 am	Contraception prevalence and CPR in Karnataka	Dr. Rajkumar
10.10 – 11.25am	Session - 2	<u>Chairpersons:</u> Dr. Indira Reddy, Dr. Arulmozhi Ramarajan
10.10-10.30 am	MVA – the gold standard for MTP	Dr. Bharati Maheshwari
10.35-10.55am	Role of LNG-IUS in treatment of various uterine bleeding disorders	Dr. Yashodhara Pradeep
11.00 -11.20 am	Contraceptive and treatment benefits of OCPs	Dr. Shobha N Gudi
11.25 -11.45 am	Tea Break	
11.45 – 12.30 noon	Panel discussion - Contraception – a game changer for a healthy society  <u>Moderator</u> – Dr. Yashodhara Pradeep	<u>Panelists:</u> Dr. Sheela V Mane, Dr. Shubha Rama Rao, Dr. Shirley George, Dr. Sujani B K
12.30-1.15pm	Panel Discussion – Medicolegal aspects of MTP  <u>Moderator</u> – Dr. Bharati Maheshwari	<u>Panelists:</u> Dr. Jyothi G S, Dr. Chandrika Muralidhar, Dr. Padmaja P, Dr. Thejavathy G V
1.00 pm	Vote of thanks	
	LUNCH	

## SAFOG SESSION - 30<sup>th</sup> June 2018

	HALL A
Session: 1	The Major killer: Sepsis
9.30 to 10.40 am	Chairpersons: Dr.Ashma Rana. Dr. Pushpa Srinivas, Dr. Jyothika A Desai
9.30- 9.45 am	Surviving sepsis campaign adapting the recommendations for the critical mother - Dr.Sadhana Gupta,
9.45- 10.00 am	Septicemia and Septic shock, concept of sepsis bundle - Dr.Aruna Muralidhar



10.00 - 10.40 am	<b>Panel discussion:</b> Managing Sepsis in critical obstetric Situations (incomplete abortion, perforation,chorioamnionitis, IUFD, in drug resistant, in immunocompromised host, it's complications etc.)
	Moderator: Dr.Sadhana Gupta
	Panelists: Dr.Ashma Rana
	Dr. P K Shah
	Dr. Tara D
	Dr. Jayanthi T
	Dr. Pradeep Rangappa.
	Dr. Gangambika Nisty

GREEN THE RED FOGSI INITIATIVE ( MANDYA) - 19<sup>th</sup> May 2018 - Public Awareness committee

<p><b>MANDYA INSTITUTE OF MEDICAL SCIENCES</b></p> <p><b>DEPARTMENT OF OBG</b></p> <p><b>CME-2018</b></p> <p>We the Staff members of Department of Obstetrics &amp; Gynaecology</p> <p>Cordially invite you for the CME programme on</p> <p><b>Saturday 19<sup>th</sup> May-2018</b></p>	<p><b><u>PROGRAMME</u></b></p> <p><b>8:30 -9:30am</b> : Registration and Breakfast</p> <p><b>9:30 am -10:00am</b> : Inauguration</p> <p><b>10:00am -10:15am</b> : Global overview : Adolescent health Speaker- Dr.Rekha Rajendrakumar Chair persons : <b>Dr.Shamila, Dr.H.C Savitha</b></p> <p><b>10:15am-10:30am</b> : Green the Red Concept of Sustainable Menstruation Speaker- Dr. Meenakshi Bharath Chair persons : <b>Dr. Krishna, Dr. Lakshmi</b></p>
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## **Public Service Activities related to Women's Health**

Health camps for Women's Health

*Camps for diagnosis, screening, immunization and/or treatment*

*Includes activities in rural or tribal areas and urban slums*

### **SHRAMADAAN WITH SATHYASAI FOUNDATION,**

Date: 20th May 2018

Venue: Divine mother and babies program run by Sathya sai foundation at chikaballapur dist.

Dr. Lalitha KV, Dr. Shubha Rama Rao, Dr. Soumya Mahesh, Dr. Jyothsna Madan, Dr. Ratna Sreenivasan , Dr. Anuradha G, Dr.Hansa Mehta

Date: 19th August 2018, Divine Mother and Babies program at Chickaballapur

Participants: Dr. Jayanthi T, Dr. Vijaykumar C R, Dr. Padmaja P, Dr. Anuradha G, Dr. lalitha K V

Date: 16th September 2018

Shramadaan – Divine Mothers and Baby program at Chickaballapur Dist. with Sathya Sai Foundation. Dr. Jayanthi, Dr. Anuradha G, Dr. Rajyalakshmi, Dr. Hemalatha participated in Shramadaana. The Moringa Plants, Drumstick plants, Nuggekayi gida for 1000 pregnant mothers were dispatched to the PHCs in three trucks

An information sheet explaining the Medicinal and nutritional benefits of the plants were given along with the plant to each mothers.

Doctors were requested to highlight the importance of making this natural, organic, homegrown, lasting answer for nutritional requirement of mothers, children and family taken care.

Date: 21st October 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Dr. Rekharajendrakumar, Dr. Thejavathy, Dr. Hansa Mehta, Dr. Shanthala R, participated in the camp

*Date: 18th November 2018*

*Venue: Divine Mothers and Baby program – Chickaballapur*

*Doctors attended were – Dr. Nagarathnamma R, Dr. Harini Rangappa, Dr. Anuradha G, Dr. Akshata H, Dr Atchutha*

*Divine Mother and Baby Program – Muddenahalli*

*Date: 16th December 2018*

*Dr. Indukala, Dr. Anuradha G, Dr. Rajyalakshmi and Dr. Lalitha, Dr. Varalakshmi, Dr. Sunita Reddy, Dr. Shubhashree Kapil from RRMCH & participated in the program.*

*Date: 20th January 2019*

*In association with Sathya Sai foundation – Divine Mother Child care 93 Antenatal cases & 12 high risk pregnancies*

*Date: 17<sup>th</sup> February 2019 – Shramadaan with Sathya Sai*

*Dr. Anuradha G, Dr. Lalitha, Dr. Uma Maheshwari, Dr. Rajyalakshmi*

*Date: 17<sup>th</sup> March 2019*

*Dr. Anuradha G, Dr. Jayanthi T, Dr. Geeta Shanbhag, Dr. Rajyalakshmi, Dr. Sunitha B, Dr. Sundari N*

*Date: 21st January 2018*

*Shramadaana at Mudenahalli in association with Sathyasai Foundation*













## OTHER CAMPS

Date: 3rd June 2018 – Camp at Bidai

Venue: Camp conducted at PHC Bidadi

Dr. Suma from Vanivilas coordinated the camp. Dr. Shobha N Gudi, Dr. Sriprada Vinekar, Dr. Rekha Rajendrakumar, Dr. Tavamani, Dr. Nirmala B M About 20 pap smear screening was done.



**Bangalore Society of Obstetric  
And Gynaecology**

ಮತ್ತು

**ಬಿಡದಿ ಸಮುದಾಯ ಆರೋಗ್ಯ ಕೇಂದ್ರ**

ಬಿಡದಿ

ಸಹಭಾಗಿತ್ವದೊಂದಿಗೆ

**ಪ್ರಸೂತಿ ಮತ್ತು ಸ್ತ್ರೀ ರೋಗ ತಜ್ಞರಿಂದ  
ಉಚಿತ ಆರೋಗ್ಯ ತಪಾಸಣಾ ಶಿಬಿರ**

ದಿನಾಂಕ : 03.06.2018

ಸಮಯ : ಬೆಳಿಗ್ಗೆ 9.00 ರಿಂದ ಮಧ್ಯಾಹ್ನ 1.00 ಗಂಟೆಯವರೆಗೆ

ಸ್ಥಳ : ಬಿಡದಿ ಸಮುದಾಯ ಆರೋಗ್ಯ ಕೇಂದ್ರ, ಬಿಡದಿ

- ಗಂಡಾಂತರ ಗರ್ಭಿಣಿ ಪರೀಕ್ಷೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ
- ಸ್ತ್ರೀ ರೋಗ ಸಂಬಂಧಿತ ಆರೋಗ್ಯ ಸಮಸ್ಯೆಗಳು
- ಜನರಾಂಗ ಮಾರ್ಗದ / ಲೈಂಗಿಕ ಮಾರ್ಗದ ಸೋಂಕಿತ ಬಗ್ಗೆ ಅರಿವು ಪರೀಕ್ಷೆ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಪ್ರಥಮ ಹಂತದ ಹಾಗೂ ಎರಡನೇ ಹಂತದ ಬಂಜಿತನ ಪರೀಕ್ಷೆ ಹಾಗೂ ನಿವಾರಣೆ ಬಗ್ಗೆ ಸೂಕ್ತ ಚಿಕಿತ್ಸೆ
- ಗರ್ಭಕೋಶ ಗೆಡ್ಡೆ ಹಾಗೂ ಪರೀಕ್ಷೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ
- ಅಂಡಾಶಯದಲ್ಲಿ ಗೆಡ್ಡೆಗಳ ಪರಿಣಾಮವಾಗಿ ಋತು ಚಕ್ರದಲ್ಲಿ ವ್ಯತ್ಯಾಸ ಹಾಗೂ
- ಹಾರ್ಮೋನ್‌ಗಳ ವ್ಯತ್ಯಾಸದಿಂದಾಗಿ ಬಂಜಿತನದ ಬಗ್ಗೆ ಅರಿವು ಪರೀಕ್ಷೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ
- ಹೆಣ್ಣು ಮಕ್ಕಳಲ್ಲಿ ಲೈಂಗಿಕ ಸಮಸ್ಯೆಗಳಿಗೆ ಸೂಕ್ತ ಪರಿಹಾರ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಥೈರಾಯ್ಡ್ ಸಮಸ್ಯೆಗೆ ಪರಿಹಾರ ಹಾಗೂ ಸೂಕ್ತ ಚಿಕಿತ್ಸೆ
- ಗರ್ಭಕೋಶ ಹಾಗೂ ಸ್ತನ ಕ್ಯಾನ್ಸರ್ ಬಗ್ಗೆ ಅರಿವು, ಪರೀಕ್ಷೆ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಗುಪ್ತ ರೋಗಗಳ ಬಗ್ಗೆ ಅರಿವು, ಪರೀಕ್ಷೆ ಹಾಗೂ ಚಿಕಿತ್ಸೆ
- ಕುಟುಂಬ ಕಲ್ಯಾಣ ಶಾಶ್ವತ ಹಾಗೂ ತಾತ್ಕಾಲಿಕ ವಿಧಾನಗಳ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸುವುದು.

ಸಹಕಾರ : **ಬಿಡದಿ ಗೆಲೆಯರ ಬಳಗ**  
**BIDADI GELEYARA BALAGA**  
ಸರ್ವರಿಗೂ ಆದರದ ಸುಸ್ವಾಗತ



*Date: 12th June 2018*

*Venue: Camp at Kaggalipura*

*Dr. Radha coordinated, Dr. Shobha N Gudi, Dr. Rekha Rajendra, Shirley George*





26<sup>th</sup> July 2018

## Shell Apparalles Garment Factory, chickkaballapur







Date: 19th August 2018, Divine Mother and Babies program at Chickaballapur

Participants: Dr. Jayanthi T, Dr. Vijaykumar C R, Dr. Padmaja P, Dr. Anuradha G, Dr. Lalitha K V



Date: 16th September 2018

Shramadaan – Divine Mothers and Baby program at Chickaballapur Dist. with Sathya Sai Foundation. Dr. Jayanthi, Dr. Anuradha G, Dr. Rajyalakshmi, Dr. Hemalatha participated in Shramadaana. The Moringa Plants, Drumstick plants, Nuggekayi gida for 1000 pregnant mothers were dispatched to the PHCs in three trucks

An information sheet explaining the Medicinal and nutritional benefits of the plants were given along with the plant to each mothers.

Doctors were requested to highlight the importance of making this natural, organic, homegrown, lasting answer for nutritional requirement of mothers, children and family taken care.





## MahaShramadaana

Date: 30th September 2018

Venue: Mysuru



Date: 21st October 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Dr. Rekharajendrakumar, Dr. Thejavathy, Dr. Hansa Mehta, Dr. Shanthala R, participated in the camp



Date: 18th November 2018

Venue: Divine Mothers and Baby program – Chickaballapur

Doctors attended were – Dr. Nagarathnamma R, Dr. Harini Rangappa, Dr. Anuradha G, Dr. Akshata H, Dr Atchutha



### **Divine Mother and Baby Program – Muddenahalli**

Date: 16th December 2018

Dr. Indukala, Dr. Anuradha G, Dr. Rajyalakshmi and Dr. Lalitha, Dr. Varalakshmi, Dr. Sunita Reddy, Dr. Shubhashree Kapil from RRMCH & participated in the program.



Date: 20th January 2019

In association with Sathya Sai foundation – Divine Mother Child care 93 Antenatal cases & 12 high risk pregnancies





*Date: 3rd February 2019*

*Venue: Health Check up camp at Kakalachinte, Chickaballapur Dist.*

*About 116 patients were screened and pap smear were done.*





## **ANEMIA SCREENING FOR ADOLESCENTS AT SCHOOLS**

**13<sup>th</sup> December – Govt High school, Chintamani**



Date: 29th January 2019

Venue: HB test at Government High school , Hebbala

The Health Checkup camp for Adolescents on Haemoglobin test held on 29th January 2019 at Government High School, Hebbala. Totally 175 students have tested out of this 20 Adolescents are having less than 12.0gm. Adolescent talk given to them



***TH Janury 2019- Govt High school Hebbal***

Sl.no	Students Name	Age	Class	Sex	RH Factor	HB%
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1	Bhuwaneshwari G	13	8th	F		13.0 gm
2	Chaitali N Jogi	13	8th	F		10.5 gm
3	lakshmi S.R	13	8th	F		13.9 gm
4	Karthika M	13	8th	F		12.9 gm
5	Ramya.N	13	8th	F		11.0 gm
6	Monika	13	8th	F		13.6 gm
7	Rukmini	13	8th	F		13.1 gm
8	Sanjitha	13	8th	F		14.6 gm
9	Swathi	13	8th	F		12.5 gm
10	Thriveni	13	8th	F		12.0 gm
11	Gowthami	13	8th	F		14.3 gm
12	Niveditha	13	8th	F		13.4 gm
13	Ashwini	13	8th	F		13.1 gm
14	Pallavi	13	8th	F		12.9 gm
15	Bhagyashree	13	8th	F		14.3 gm
16	Kavya.B	13	8th	F		12.5 gm
17	Rakshitha	13	8th	F		11.2 gm
18	Sukanya	13	8th	F		12.7 gm
19	Akshatha	13	8th	F		13.4 gm
20	HaseenBhee	13	8th	F		10.2 gm
21	Pooja D	13	8th	F		13.6 gm

22	mookambikashree M	13	8th	F		12.3 gm
23	Dekshitha R	13	8th	F		9.7 gm
24	Ruby D	13	8th	F		13.6 gm
25	Lakshmivandhan D	13	8th	F		13.4 gm
26	Prakruthi	13	8th	F		13.1 gm
27	Abhinaya	13	8th	F		12.1 gm

28	Supriya	13	8th	F		13.9 gm
29	Shreelakshmi D.C	13	8th	F		12.5 gm

30	Saraswathi	13	8th	F		14.6 gm
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32	Sathvika	13	8th	F		12.5 gm	
33	Alfiya	13	8th	F		13.4 gm	
34	Wazid	13	8th	M		13.5 gm	
35	Abhinandhan	13	8th	M		13.3 gm	
36	Chiranjeevi	13	8th	M		14.4 gm	
37	Sunil	13	8th	M		13.3 gm	
38	Ankith	13	8th	M		13.9 gm	
39	Radhakrishna	13	8th	M		13.8 gm	
40	Abhishek	13	8th	M		13.6 gm	
41	Narendra G	13	8th	M		13.6 gm	
42	Shridhar A	13	8th	M		12.3 gm	
43	Hariprasad	13	8th	M		14.2 gm	
44	Manikanthan	13	8th	M		16.8 gm	
45	Akasgowtham	13	8th	M		14.6 gm	
46	Ganesha	13	8th	M		15.5 gm	
47	Mallikajuna	13	8th	M		13.4 gm	
48	Babu	13	8th	M		12.3 gm	
49	Vinodhraj	13	8th	M		12.3 gm	
50	Avinash	13	8th	M		13.4 gm	
51	Dharshan	14	9th	M		14.4 gm	
52	Gagan	14	9th	M		12.4 gm	
53	Uday	14	9th	M		13.4 gm	
54	Sathishkumar	14	9th	M		15.9 gm	
55	Karidurgaparakash	14	9th	M		15.4 gm	
56	Karan J	14	9th	M		14.4 gm	
57	Praveen D	14	9th	M		12.7 gm	
58	Suresh S	14	9th	M		14.6 gm	
59	Akshaykumar R	14	9th	M		18.5 gm	
60	Madiwalappa	14	9th	M		14.2 gm	
61	Chethankumar	14	9th	M		14.2 gm	
62	Sandeep B	14	9th	M		12.3 gm	



79	Chethankumar	14	9th	M		15.2 gm
80	Amith	14	9th	M		13.4 gm
81	Chandhan	14	9th	M		17.4 gm
82	Bharath	14	9th	M		14.3 gm
83	Govindhraj	14	9th	M		13.2 gm
84	Abraham	14	9th	M		16.5 gm
85	Varun	14	9th	M		12.5 gm
86	Manjunath	14	9th	M		13.6 gm
87	Azaruddin	14	9th	M		15.4 gm
88	Lokeshnaik	14	9th	M		13.8 gm
89	Mohammedhusen	14	9th	M		14.8 gm
90	Chethan	14	9th	M		10.9 gm
91	Sahana	14	9th	F		13.7 gm
92	Kajal	14	9th	F		13.5 gm
93	Dhanuja	14	9th	F		12.0 gm
94	Aliya	14	9th	F		12.2 gm
95	Neeraja	14	9th	F		13.5 gm
96	Lalasa	14	9th	F		11.9 gm
97	Soumya	14	9th	F		12.6 gm
98	Sinchana	14	9th	F		13.0 gm
99	Manasa	14	9th	F		11.8 gm
100	Amrithashini	14	9th	F		14.6 gm
101	Anusha	14	9th	F		13.0 gm
102	Gagana	14	9th	F		11.9 gm
103	Prathibha	14	9th	F		13.6 gm
104	Tulasi	14	9th	F		14.1 gm
105	Vaishnavi	14	9th	F		13.6 gm
106	Sathyaleela	14	9th	F		12.5 gm
107	Lavanya	14	9th	F		12.5 gm
108	Kavya	14	9th	F		12.5 gm
109	Anitha .M	14	9th	F		11.3 gm
110	Chinnavva	14	9th	F		11.9 gm

128	Balaji	14	9th	M		13.4 gm
129	Gurukiran.M	14	9th	M		13.1 gm
130	Vinod C	14	9th	M		12.9 gm
131	Shankarnag	14	9th	M		16.8 gm
132	Mohankumar	14	9th	M		15.2 gm
133	Mayura	14	9th	M		14.3 gm
134	Dhanush M	14	9th	M		15.5 gm
135	Sudeep B	14	9th	M		16.2 gm
136	Kirana.K	14	9th	M		13.4 gm
137	Dhanush R	14	9th	M		14.1 gm
138	Rajiv	14	9th	M		16.2 gm
139	Prajwal patil	14	9th	M		13.7 gm
140	Swathi	14	9th	F		11.5 gm
141	Saroja	14	9th	F		11.9 gm
142	Hamsa	14	9th	F		9.04 gm
143	Pushpavathi	14	9th	F		10.9 gm
144	Ramya M	14	9th	F		13.4 gm
145	Rafidha	14	9th	F		13.8 gm
146	Hemavathi	14	9th	F		11.4 gm
147	Roshini	14	9th	F		13.7 gm
148	Pavithra	14	9th	F		12.1 gm
149	Shivraj	14	9th	M		14.7 gm
150	Shivaramakrishna	14	9th	M		7.08gm
151	Pradeepshetty	14	9th	M		14.1 gm
152	Omkara	14	9th	M		14.3 gm
153	Pradeep R	14	9th	M		13.5 gm
154	Ajay R	14	9th	M		14.7 gm
155	Vishwas	14	9th	M		13.5 gm
156	Vijaya R	14	9th	M		13.8 gm
157	Mamatha.K.V	14	9th	M		11.4 gm
158	Balaji	14	9th	M		12.4 gm
159	Arunkumar	14	9th	M		16.2 gm

**Date: 9th February 2019**

**Venue: Camp at KSRP, Koramangala**

**Pap smear test and HB / Sugar Screening for Police family was done.**



**Date: 12th June 2018**

**Venue: Camp at Kaggalipura**

**Dr. Radha coordinated, Dr. Shobha N Gudi, Dr. Rekha Rajendra, Shirley George**





APPRECIATION RECEIVED



Shell Apparels Pvt. Ltd.

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No. 10/14 - 10/16, G.T. Industrial Complex, Magadi Main Road, Sunkadakatte, Bengaluru - 560 091.

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15<sup>th</sup> November 2018

The President  
Bangalore Society of Obstetrics  
And Gynecology  
Bengaluru

Kind Attn: Dr.Shobha.N.Gudi

We refer to the Medical camp conducted on 26<sup>th</sup> July 2018 at UNIT - 7 of our company at Sy.No.117, Anakanur Village, Bye-pass Road, Chickballapur District.

A team of Doctors (5) along with their Technical Team conducted the medical camp successfully. Screening was done for Cervical and Breast cancer for around 140 employees and clinical reports issued. Individual counseling was done and suitable advice given.

The Shell team is very much happy and wish to place on record their gratitude in this regard. Kindly convey our sincere thanks for the entire team of Doctors and Technical Staff for their yeomen service.

We look forward for such medical camps and long term association in future.

Thanking you with regards

Yours faithfully,  
For SHELL APPARELS PVT. LTD

  
B.R.VASUDHA  
Director



# 11<sup>th</sup> July World Population Stabilization Day



## CME programmes and trainings

### *Addressing family physicians, nurses and paramedics*

**29<sup>th</sup> March 2019 - First aid in Obstetric situations : Post partum haemorrhage with NASG, Non pneumatic anti shock garment demonstration for staff nurses at St. Philomenas hospital**





**8<sup>th</sup> March 2019 – JAM – for staff nurses at KC General Hospital on Cancer Awareness**



## **PPIUCD, accreditation program**

**3<sup>rd</sup> May 2018 – Saptagiri Medical college**

This training session is endorsed by the State Govt. The deputy director of Maternal health Dr. Rajkumar was kind enough to acknowledge this session as capacity building measures for private institutions, which can become recognised centres for providing service.

About 30 trainees including department of OBGYN from medical college and staff nurse and Midwives from surrounding peripherals participated in the program. There was live demonstration of one case of post partum IUCD 2<sup>nd</sup> postnatal day. Apart from live demonstration hands on training was given on PPIUCD models.

Pretest and post test was given to get the feedback. The participants felt the program was very useful.

**12<sup>th</sup> July 2018 – Bangalore Baptist Hospital**

**28<sup>th</sup> February 2019, - KIMS Hospital**

**PPIUCD - @ Sapthagiri Hospital**

This training session is endorsed by the State Govt. The deputy director of Maternal health Dr. Rajkumar was kind enough to acknowledge this session as capacity building measures for private institutions, which can become recognised centres for providing service.

About 30 trainees including department of OBGYN from medical college and staff nurse and Midwives from surrounding peripherals participated in the program. There was live demonstration of one case of post partum IUCD 2<sup>nd</sup> postnatal day. Apart from live demonstration hands on training was given on PPIUCD models.

Pretest and post test was given to get the feedback. The participants felt the program was very useful.











## PPIUCD Training held @ Baptist Hospital, Bangalore

About 25 staff and doctors participated. Role play was demonstrated. Pre test and post test was issued. Dr. Padmaja P coordinated the training.



## PPIUCD program in KIMS



## NAVACHETHANA

Navachethana is an innovative interactive and informative educational session for adolescents on sexual and reproductive health. There were presentations on diet exercise nutrition menstrual hygiene sexual abuse eve teasing personality development, sexuality and sexual behaviour, self-defence and much more. There was ample time given for questions by the girls at the end of the session.

### **Navachethana was conducted in the following schools**

Jyothi Kendria vidyalaya – July 10th

Navachethana at Jyothi Kendra Vidyalaya with Karnataka Cancer Society propagated twin prevention strategy as suggested by Dr. Hema Divakar vaccination for daughter and screening for mother. About 200 students participated

BNM public School – 30th July

About 200 students participated

BBUL Jain school – 2nd August July 2018

About 250 students participated





30<sup>th</sup> July – BNM School, BSK II Stage, Bengaluru



## Navachetana with Shramadaan

Date: 11th September 2018,

Venue: Doddaballapur

Pap smear screening 30 numbers

Adolescent talk to about 200 boys and 150 girls – Doddaballapur School

Dr. Shobha N Gudi, Dr. Indira Prasad, Dr. Anuradha G, Dr. Nirmala participated





### **Navachethana**

Adolescent talk to about 200 boys and 150 girls – Doddaballapur School

**Navachetana : - 9th November**

**Navachetana programme at Hebbal Government School**

**Doctors attended: Dr. Shobha N Gudi and Dr. Jyothi G S**



**Navachetana with Soroptomist on November 19th**



- Navachetana programme with Rotary ON 20th November  
Navachetana programme at BBMP School, Srirampuram  
Doctors attended : Dr. Shobha N Gudi & Dr. Sriprada Vinekar





### Navachetana

Program on 22nd November 2018 at Sathya Sai Ashram. About 350 students participated.



Navachetana in association with ROTARY, 28th November, DPS School, Electronic City, About 250 school girls and teachers participated.





## WALKATHON -

1<sup>st</sup> April 2018 – PCOS Awareness walkathon.

15<sup>TH</sup> December – Curtain Raiser Walkathon - AICOG 2019

8<sup>th</sup> March 2019 – International Womens Day- Walkathon – Cervical and Breast Cancer Awareness

### BSOG Other Activities

#### 1) Walkathon – PCOS

- BSOG organised a public awareness program by conducting a walkathon on 1st April 2018, in the month of Feb2018 at Bengaluru. There was a short session of Zumba dance by professional. Chief Guest was sandalwood actress Ms. Sanjana. It mainly stressed on the impact of physical exercise on diabetes and PCOS. Walkathon started from the St.Joseph's grounds & 2 rounds of walk took place in cubbon park.





2) Women's Day Walkathon on 8<sup>th</sup> march BSOG, FOGSI and IMS initiative



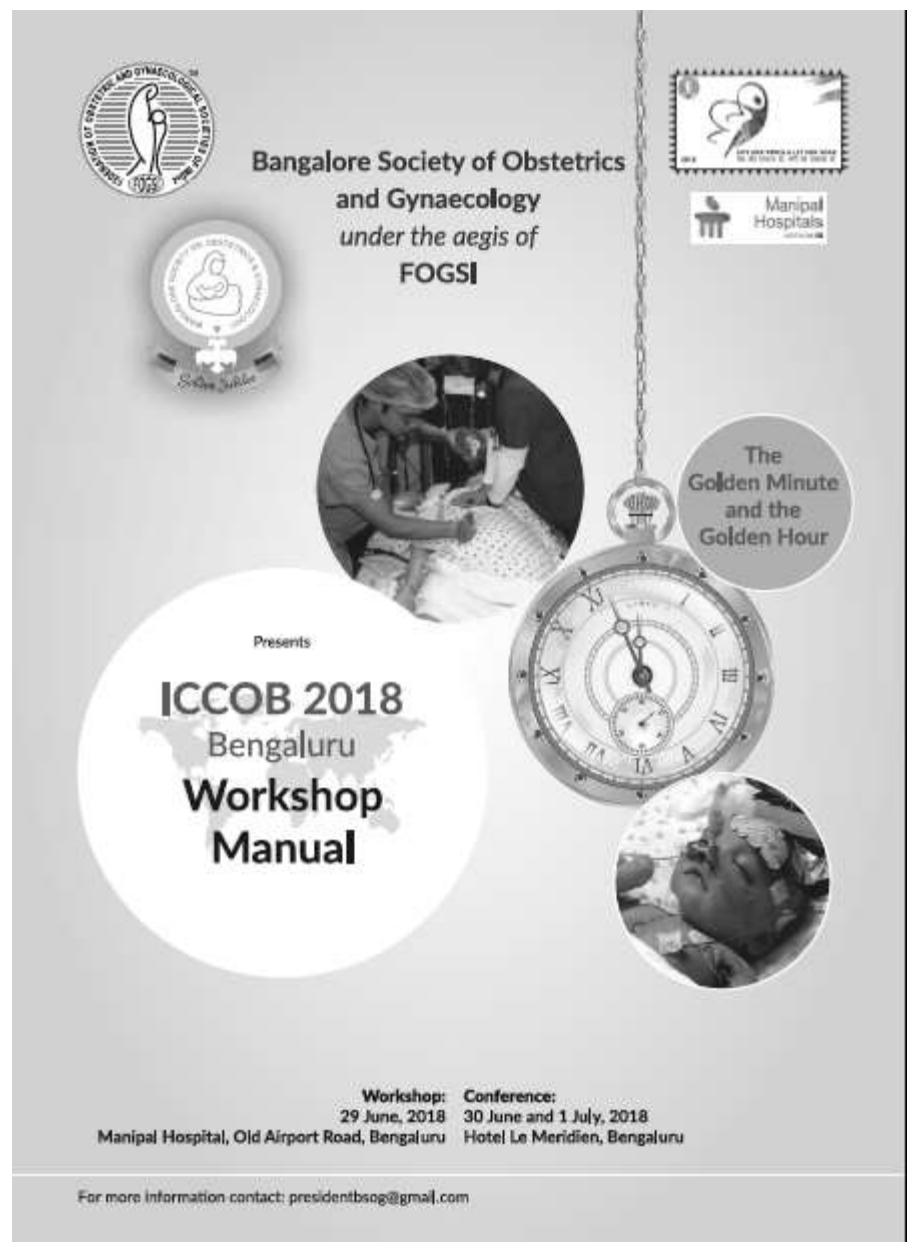




22<sup>nd</sup> Feb 2019. Sai Ashram, Mudennahalli where BSOG was felicitated and Dr. Shobha Gudi pride moment for receiving an award for services rendered by BSOG for the Divine Mother and Child Program. Dr. Shobha Gudi, Dr. Jyothi G S, Dr. Shubha Rao and Dr. Anuradha attended the program



## ICCOB WORKSHOP MANUAL







AICOG WORKSHOP CDs WERE GIVEN TO REGISTERED DELEGATES

# Media programmes and contributions

## *Print media, radio, television and social media*

PRESS MEET AT ENDOVISION – 21ST & 22ND JULY 2018

PRESS RELEASE



Endovision in association Bangalore Society of Obstetrics and Gynecology  
**Presents**

### **A Two day National Conference on ENDOVISION 2018 kick starts in Bangalore**

Conference aims at increasing the knowledge of different Techniques in endoscopy, infertility and USG. The platform consists of master a class, plenary sessions, updates on multiple topics with Expert review and discussions.

**Display of virtual simulators for the first time in India and innovative surgical instruments**

A platform to learn newer technology through exhibition training sessions- Hysteroscopy and Ovum Pick-up and deliberations.

Bangalore, 21, July, 2018 - a two day symposium inaugurated by well known Dr. Ashwathnarayan, MLA, Malleshwaram, popular Dr. Hema Diwakar, gynecologist and dignitaries also includes speakers from across India and overseas, BSOG, IAGE, FOGSI etc., participated in this 4<sup>th</sup> successive year.

While addressing the press and delegates Dr. Vidhya V Bhat, organizing chairperson and managing director at Radhakrishna multi specialty hospital & IVF centre said that "The conference ultimate goal is improving patient care in Gynaecology by providing various educational activity to ensure the learners achieve this goal. She also SAID that this symposium also enlightens upon the endoscopic surgery videos - accidents, mishaps, surprises and reconstruction of Gynaec pathologies through video - taped surgeries performed by master surgeons. It is a platform to learn newer technology through exhibition training sessions- Hysteroscopy and Ovum Pick-up and deliberations.

Dr. Shobha N Gudi, organizing co-chairperson and President - BSOG said "It is my proud privilege as President of Bangalore Society of Obstetrics and Gynecology to announce that we are conducting a wonderful interactive conference and workshop on Endoscopic surgery and infertility. This conference is jointly hosted by Team Endovision led by Dr. Vidya V Bhat, the medical director of Radhakrishna Hospital and team BSOG. We have participation of faculty from across the country and overseas. The delegates registration has been very encouraging and we hope to transfer skills, knowledge and the latest advances in these highly specialized areas of Obgyn.

#### Some of the highlights of the conference:

Discussions on: embryo transfer, Basic infertility workup, Basics in egg retrieval, Doppler in Infertility & IVF, Innovations in Laparoscopy, Reconstructive surgery for Uterine problem, different techniques in endoscopy, Infertility and USG

WORKSHOPS: Ovum Pickup & Embryo transfer,

Symposium on Gynaec Ultrasound

Debates on Conventional Lap versus Robotics ETC.

Dr Padmini Prasad – a Senior member of BSOG.  
Health talks in TV channels



15th March 2019 at Chandana channel      On menstrual problems



5<sup>th</sup> March 2019      5<sup>th</sup> May 2018 on Sexual problems

8<sup>th</sup> March 2019 - EXCELLENT TALK ON FM 101.3 on FOETAL MOVEMENTS by Dr.Srinivas K

AICOG PROMOTIONAL ACTIVITIES.

AICOG PRESS MEET at Renaissance Hotel

FOGSI (Federation of Obstetric and Gynaecological Societies of India (FOGSI) renewed its pledge of its members to make women's health better with continuity and fresh ideas as it unveiled details of the 62nd All India Congress of Obstetrics and Gynaecology (AICOG) at a press meet on Tuesday (January 8, 2019). The dignitaries present at the function held at Renaissance Race Course were Dr Jaideep Malhotra, president of FOGSI 2018, Dr Nanditha Palshetkar, president of FOGSI 2019, Dr Jaydeep Tank, secretary general of FOGSI, Dr Hema Divakar, organizing chairperson of AICOG 2019.







## Partnership and interaction with government and NGOs on Reproductive Health issues

*, programmes and engagement with government and NGOs*

**PPIUCD ACCREDITATION PROGRAMME** FROM MINISTRY OF FAMILY AND HEALTH WELFARE, Government of Karnataka.

PRESIDENT PARTICIPATED IN **POPULATION STABILISATION DAY 11<sup>TH</sup> OF JULY** – MENTORSHIP FOR ASHA WORKERS

PRESIDENT PARTICIPATED IN LAQSHYA PROJECT - GOK

TALKS to BBMP doctors on **Management of severe hypertension in pregnancy**

**Caesarean section audit** – BY DR SHOBHA N GUDI

Participation in **MARCE conference on perinatal psychiatry** with NIMHANS 29<sup>th</sup> September

## All Round Activities

Collecting data and conducting research

*Promoting modern research methodology and conduct of research (WILL FIND OUT FROM OTHER MEMBERS)*

*Measures to encourage young talent research work and prizes awarded to youth*

### AUDITS – MODIFIED ROBSONS CRITERIA FOR C-SECTION

ORIGINAL MODIFIED ROBSONS		March 2018		April 2018		May 2018		June 2018		July 2018	
		CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate
1. NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	17.5	17.7	23	23	9.37	7.7	15.5	11.8	25.97	18.34
2. NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR	42.8	30	44	44	49	32.4	39.6	32.8	34.44	31.19
3. MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	1.63	1.11	11.1	11	6.2	3.8	5.55	2.6	18.36	8.25
4. MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	6.25	1.11	11.1	11	14.2	1.2	18.18	7.8	23.07	2.75
5. >PREV CS, SINGLE, CEPHALIC > 37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	96.4	30	100	99.9	96.5	36.3	100	30.26	93.93	28.44
6. >ALL NULLIPAROUS BREECH	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	4.44	100	99.9	100	6.4	100	3.9	100	3.66
7. >ALL MULTIPAROUS BREECH, (INCLUDING PREV CS )	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	3.33	0	0	100	1.2	100	2.66	100	1.83
8. >ALL MULTIPLE PREG, (INCLUDING PREV CS )	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	1.11	86	85	100	3.8	0	0	50	1.83
9. >ALL ABNORMAL LIES (INCLUDING PREV CS )	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	1.11	0	0	100	1.2	0	0	0	0
10. >ALL SINGLE CEPHALIC, <37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR	75	10	100	99.9	55.5	6.4	66	7.8	66.66	3.66

ORIGINAL MODIFIED ROBSONS		August 2018		September 2018		October 2018		November 2018		December 2018	
		CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate	CS rate	Contribution to overall rate
1. NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	18.1	17.7	18.1	17.7	32	18	32	18	21.51	16.1
2. NULLIPARA, SINGLE CEPH, EQUAL TO OR >37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR	42.1	25	42.1	25	40.2	31.8	40.2	31.8	54	28.5
3. MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	SPONTANEOUS LAB	0	0	0	0	16	9.8	16	9.8	6.9	2.8
4. MULTI PARA, SINGLE CEPH, EQUAL TO OR >37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	25	4.16	25	4.16	20	6.5	20	6.5	15.7	2.8
5. >PREV CS, SINGLE, CEPHALIC > 37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	92.3	37.5	92.3	37.5	100	9.7	100	9.7	88.6	27.6
6. >ALL NULLIPAROUS BREECH	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	5.2	100	5.2	60	9.2	60	3.2	100	2.8
7. >ALL MULTIPAROUS BREECH, (INCLUDING PREV CS )	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	0	100	0	100	1	100	1	100	1.9
8. >ALL MULTIPLE PREG, (INCLUDING PREV CS )	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	100	0	100	0	33.3	1	33.3	1	100	9.5
9. >ALL ABNORMAL LIES (INCLUDING PREV CS )	1.1. INDUCED 1.1.1. CS BEFORE LABOR 1.1.2. SPONTANEOUS LAB	0	0	0	0	0	0	0	0	100	0.9
10. >ALL SINGLE CEPHALIC, <37 WKS	1.1. INDUCED 1.1.1. CS BEFORE LABOR	0	1.00	0	1	89.4	18.6	89.4	18.6	63.6	6.6

## Analysis

- The CS rate in each group and the contribution to overall section rate was analyzed over the months.
- Class 2a has been given special attention to as it indicates the outcome of successful induction of labour.

## Total Caesarean section rate

- Total number of deliveries in the audit period- 2534
- Total number of C sections- 984
- CS rate-  $984/2534 \times 100 = 38.8\%$

DATA COLLECTED FROM BAPTIST HOSPITAL

- Data collection conducted at four institutions four centres
- NICE GUIDELINES FOR THIRD STAGE MANAGEMENT



## LSCS AUDIT TO BBMP DOCTORS – 28<sup>TH</sup> JANUARY 2019



- SURVEYS - SURVEY ON PROFESSIONAL BURN OUT ROUTE OF HYSTERECTOMY
- FREE PAPERS AND POSTERS PRESENTATION AT ICCOB AND GNANAVARSHA, AICOG AND YUVA SPEAKS IN AICOG



Social activities to promote fellowship amongst members

*Social get-togethers, picnics and outstation programmes, talent contests and other non academic programmes*







DR. RADHIKA PROPOSED FOR MENTOR MENTEE PROGRAMME AT SOUTH ZONE YUVA FOGSI

14<sup>th</sup> August 2018 – BSOG completes 50 glorious year. Celebration of golden jubilee year

30<sup>th</sup> June 2018 – Cultural program for delegates and faculty in ICCOB conference

AICOG 2019 – 8<sup>TH</sup> – 12<sup>TH</sup> JANUARY 2019



## AICOG ACTIVITIES FOR MEMBERS

Faculty Dinner at Hotel Reniassance

Gala dinner with Shreya Goshal – Shreya Goshal programme

Vijaya Prakash Night

FOGSI has talent – for all FOGSIans

Gagan Gavonkar Show



## Activities to promote and protect members' interests

*Includes addressing medico legal, supporting members in difficulty and other issues*

ONE OF SENIOR MEMBER practicing at a leading corporate hospital was facing a litigation by a patient for birth asphyxia of the neonate resulting in neonatal mortality after three days in NICU. She was WAS GUIDED by

the medicolegal cell of BSOG. The sub committee (medicolegal cell of BSOG ) meeting was conducted by the president Dr Shobha N Gudi along with Drs Latha Venkatram, Susheela Rani, Jyothika Desai,

Two of members by turn, Dr.Shobha N Gudi, President BSOG and Dr Susheela Rani appeared in court by turn to support our member.

Activities to encourage and promote involvement of young members

*Includes involvement in academic, public service and social activities*

*Involvement in organizational activities*

*Preparations for the zonal FOGSI Quiz*

#### QUIZ

25<sup>th</sup> August Screening round for FOGSI Quiz 2018 was conducted

Following were selected

1st Prize – Dr. Smitha V Murthy from Chinmaya Mission Hospital

2nd Prize – Dr. Vasumathi Pasupulete from Manipal Hospital

3rd Prize – Dr. Archana Kaveri from St. Philomenas Hospital

4th Prize – Dr.Spandana S from CSI Hospital

5th Prize – Dr. Syeda Bushera Bano from Chinmaya Mission Hospital

17<sup>th</sup> February 2019 , Screening round for FOGSI Quiz 2019 was conducted

Following were selected

Dr. SPANDANA from CSI. 1st prize

Dr. SPOORTY. from KC General Hospital. 2nd prize

ASHAKIRAN PARTICIPATED IN TALENT SHOW – THRISSUR YUVA FOGSI 2018

2<sup>nd</sup> prize in yuva FOGSI Coimbatore winners were.

SPANDANA AND SPOORTI

### Involvements of PGS in camps names

Dr. Harini Rangappa

Dr. Akshata

Dr. Atchuta

Dr. Shubhashree Kapil

### **Awards, initiatives and innovations**

*Prizes, awards and academic distinctions received by society members from FOGSI, government, universities and other organizations*

*Any other Innovative and unique activities or projects not included above*

#### **AWARDS RECEIVED BY MEMBERS**

Dr. Kamini A Rao Received FOGSI Lifetime Achievement Award





Dr. Kamini A Rao also Received Times Excellence Award

Dr. Hema Divakar Received Global Asian Award 2019

Dr. Hema Divakar - Felicitated By Rajarajeshwari Medical College



- Dr. Shobha N Gudi Elected As Chairperson Family Welfare Committee FOGSI

Dr. Sunanda Kulkarni - Mahila Vaidyaratna Award



Dr. Pushpa Srinivas - Felicited for work on Preventive Oncology by RGUHS



## Dr. Rekha Rajendrakumar - Sunpure Superwomen Award



## Dr. Uma Seshagiri - For Exemplary work as IMAB President 2014-16 By IMAB





Dr. Apoorva Pallam Reddy - Invited as Young Women by Rajgeep Sardesai



#### FOGSI Awards And Prizes

Dr. Ramya V R - I Prize - Infertility - Dr Jagadishwari Misra Prize

Dr. Divya V - I Prize - Mrs. Indumathi Jhaveri Prize

Dr. Suvarchala Katakam I Prize - Dr. C S Dawn Prize

Dr. Vedavathy Nayak - I Prize - Dr. C S Dawn Prize

Dr. Sarojini - I Prize - Dr. C S Dawn Prize

Dr. Sonal Muruka - li Prize - Reproductive Health - Dr.Jagadishwari Misra Prize

Dr. Gaana Sreenivas li Prize - Mrs. Indumathi Jhaveri Prize

Dr. Shubha L - li Prize - Amrendranath Dan Prize

Dr. Akkamahadevi Hiremath li Prize – Miscellaneous

Dr. Prerna Jhawar lii Prize - Dr. C S Dawn Prize

Dr. Anuvi - lii Prize - Chandravathi Devi Jagannath Singh Prize

### Other Achievements

Dr. Kavyarani C - University Topper, DGO, BMCRI 2018

Dr. Arulmozhi Ramarajan was awarded with Life Time Achievement award 2018 by BSOG



Dr. Srimani Rajagopalan was awarded with Life Time achievement award 2018 by BSOG



Dr. Malini K V was awarded with Best Teacher Award 2018 by BSOG



*Shobha Pauli*

**Signature of President**

*Jyothi G.S.*

**Signature of Secretary**